YLT 2025 VERSION B

The first questions we would like to ask are about you and your family. We ask these questions to find out if young people from different backgrounds have different experiences. We cannot use this information to identify you.

1. What is your gender identity? (Select one answer only) RSEX

Male	1
Female	2
Non-binary	3
Male to female transgender	4
Female to male transgender	5
Other (type in)	6

2. How many years have you lived in Northern Ireland? (Please type in) Y	EARSNI
Years	

3. If you have not always lived in Northern Ireland, what other countries have you lived in? WHERELIV

4. What is your country of birth? COFBIRTH

Northern Ireland	1
England	2
Scotland	3
Wales	4
Republic of Ireland	5
Elsewhere (Type in the name of country)	6
I don't know	7
I prefer not to say	8

5. What is your main language? MAINLANG

English	1
Other (including British/Irish Sign Languages) (Please type in)	2

6. Would you describe the place where you live as ... (Select one answer only) PLACELIV

A big city	1
The suburbs or outskirts of a big city	2
A small city or town	3
A country village	4
A farm or home in the country	5
I don't know	6

7. Would you describe your area as... (Select one answer only) LIVEAREA

Mainly Catholic	1
Mainly Protestant	2
Neither Catholic nor Protestant	3
Mixed	4
I don't know	5

8. What have you been doing since October 2024? (Select one answer only) THISOCT

At school or college full time	1
Working full time	2
Working part time	3
At school or college and working part time	4
On a training scheme	5
Unemployed	6
Other (Please type in)	7

9. What do you think you will be doing in two years' time? (Select one answer only) OCT2YRS

Going to college or university full time	1
Working full time	2
Working part time	3
At college or university and working part time	4
On a training scheme	5
Unemployed	6
Other (Please type in)	7

10. What type of school do you attend? If you have left school, what type of school did you last attend? (Select one answer only) TYPESCHL

Planned Integrated	1
Grammar	2
Secondary	3
Irish Language	4
Special School	5
Further Education College	6
Other (Please type in)	7

11. Would you describe your school/college as... (Select one answer only) SCHGEND

An all-girls school/college	1
An all-boys school/college	2
A mixed boys and girls school/college	3

12. Would you describe your school/college as ...(Select one answer only) RELSCHL

All or nearly all Protestant	1
All or nearly all Catholic	2
Mostly Protestant	3
Mostly Catholic	4
About half Protestant and half Catholic	5
I don't know	6

13. Do you have any physical, mental or developmental/sensory health conditions or illnesses lasting or expected to last for 12 months or more? (Select one answer only) DISAB

<u> </u>		
Yes	1	Ask question 14
No	2	Skip to question 15

14. Does your condition or illness/do any of your conditions or illnesses reduce your ability to carry out day-to day activities? (Select one answer only) LIMDISAB

Yes, a lot	1
Yes, a little	2
No, not at all	3

15. Which of the following statements applies best to you? (Select one answer only) **SEXATT** I have felt sexually attracted:

Only to females and never to males	1
More often to females and at least once to a male	2
About equally often to females and males	3
More often to males and at least once to a female	4
Only to males and never to females	5
I have never felt sexually attracted to anyone	6

16. Do you currently live with your parents, including adoptive parents? (Select one answer only) LIVEPAR

Yes, with my mother and my father in the same household	1
Yes, with my mother, but not my father	2
Yes, with my father, but not my mother	3
Yes, with my mother for some of the time and with my father for some of the time	4
Other (Type in who you live with)	5

17. How well off do you think your family is financially? (Select one answer only) WELLOFF

Not at all well off	1
Not very well off	2
Average	3
Well off	4
Very well off	5
I don't know	6

18. Do you regard yourself as belonging to any particular religion? (Select one answer only) ANYRELIG

Yes	1	Ask question 19
No	2	Skip to question 21

19. And how would you describe your religious background? (Select one answer only) RELIGION

Catholic	1	Skip to question 21
Presbyterian	2	Skip to question 21
Church of Ireland	3	Skip to question 21
Methodist	4	Skip to question 21
Baptist	5	Skip to question 21
Free Presbyterian	6	Skip to question 21
Brethren	7	Skip to question 21
Other Protestant	8	Go to question 20
Other Christian	9	Go to question 20
Buddhist	10	Skip to question 21
Hindu	11	Skip to question 21
Jewish	12	Skip to question 21
Muslim	13	Skip to question 21
Sikh	14	Skip to question 21
Any other religion	15	Go to question 20
I don't know	16	Skip to question 21
I prefer not to say	17	Skip to question 21

20. Please tell us your religion. (Please type in) RELIGOTH

21. How would you describe your national identity? (Select all that apply) NINATID1

British	NINATIDBR	1
Irish	NINATIDIR	1
Northern Irish	NINATIDNI	1
English	NINATIDEN	1
Scottish	NINATIDSC	1
Welsh	NINATIDWE	1
Other (Please type in)	NINATIDOT	1
I don't know	NINATIDDK	1
I prefer not to say	NINATIDPF	1

22. What is your ethnic group? (Choose one option which best describes your ethnic group or background) (*Select one answer only*) **ETHNCAT1**

White	1	Skip to question 24
Irish Traveller	2	Skip to question 24
Mixed/multiple ethnic groups		
White and Black Caribbean	3	Skip to question 24
White and Black African	4	Skip to question 24
White and Asian	5	Skip to question 24
Any other mixed/multiple ethnic background	6	Ask question 23
Asian		
Indian	7	Skip to question 24
Pakistani	8	Skip to question 24
Bangladeshi	9	Skip to question 24
Chinese	10	Skip to question 24
Any other Asian background	11	Ask question 23
Black/African/Caribbean		
African	12	Skip to question 24
Caribbean	13	Skip to question 24
Any other Black/African/Caribbean background	14	Ask question 23
Other ethnic group		
Arab	15	Skip to question 24
Any other ethnic group	16	Ask question 23

23. How would you describe your ethnic group? (Please type in) ETHNCAT2				

24. Do you consider yourself to be a member of a minority ethnic community? (Select one answer only) MEMMEC

Yes	1
No	2

The next few questions are about young people's experiences of respect and disrespect. Two groups of children and young people helped us to develop these questions.

25. How much do you agree or disagree with the following statements? Respect means...

	Strongly	Agree	Neither agree	Disagree	Strongly	Don't
	agree		nor disagree		disagree	know
Treating people with kindness	1	2	3	4	5	6
RESP1						
Going along with what people say	1	2	3	4	5	6
or do even if you don't think they						
are right RESP2						
Taking care of yourself RESP3	1	2	3	4	5	6
Sticking up for your friends RESP4	1	2	3	4	5	6
Thinking before acting RESP5	1	2	3	4	5	6
Listening to other people's ideas	1	2	3	4	5	6
RESP6						
Being taken seriously, even if you	1	2	3	4	5	6
are young. RESP7						

26. In general, how often do you think young people feel respected or disrespected in the following places?

	Always	Mostly	Mostly	Always	Don't
	respected	respected	disrespected	disrespected	know
At home REDIS1	1	2	3	4	5
In school REDIS2	1	2	3	4	5
In shops REDIS3	1	2	3	4	5
At the doctor or in hospital REDIS4	1	2	3	4	5
At sports clubs or playing fields REDIS5	1	2	3	4	5
In youth clubs/youth centres REDIS6	1	2	3	4	5
When using public transport, e.g. in a bus or train or when waiting for a bus or train REDIS7	1	2	3	4	5
In their neighbourhood REDIS8	1	2	3	4	5
In public places, such as parks, leisure centres, or town/city centres REDIS9	1	2	3	4	5
Online REDIS10	1	2	3	4	5

27. And how often have you personally experienced any of the following forms of disrespect?

	Never	Only once or	A few times	Quite often	Don't know
		twice			
Racism DISRACE	1	2	3	4	5
Sectarianism DISSEC	1	2	3	4	5
Sexism DISSEX	1	2	3	4	5
Homophobia DISHOMO	1	2	3	4	5
Transphobia DISTRANS	1	2	3	4	5
Ageism (disrespect because of your age) DISAGE	1	2	3	4	5
Disrespect because of a disability DISDISA	1	2	3	4	5

Being disrespected by a boyfriend or	1	2	3	4	5
girlfriend DISREL					
Some other form of disrespect					
(Please type in) DISOTH					

28. How does it make you feel when you know someone respects you? (Select all that apply) RESPFEEL

Нарру	1
Accepted	1
Included	1
Being taken seriously	1
Loved	1
Calm	1
Confident	1
Cared for	1
I don't really care	1
Something else (<i>Please type in</i>)	1
I don't really feel people respect me	1

29. And how does it make you feel when other people do not respect you? (Select all that apply) DISRFEEL

Sad	1
Annoyed	1
Scared	1
Hurt	1
Excluded	1
Not being taken seriously	1
Something else (Please type in)	1
I don't really care	1
I have never felt that people do not respect me	1

30. How much do you agree or disagree with the following statements about respecting other people?

	Strongly	Agree	Neither agree nor	Disagree	Strongly	Don't
	agree		disagree		disagree	know
If you treat other people with	1	2	3	4	5	6
respect, they are more likely to						
treat you with respect too						
RESPOTP1						
Young people should respect	1	2	3	4	5	6
older people because they are						
older than them RESPOTP2						
You should treat people with	1	2	3	4	5	6
respect even if you think they						
don't deserve it RESPOTP3						
Not doing what you are being	1	2	3	4	5	6
told to do is disrespectful						
RESPOTP4						
Going along with someone is not	1	2	3	4	5	6
the same as respecting them						
RESPOTP5						
You feel better about yourself if	1	2	3	4	5	6
you treat other people with						
respect RESPOTP6						
Young people are less respected	1	2	3	4	5	6
because of their age RESPOTP7						

31. Is there anything else you would like to say about respect? RESPELSE				
The next few questions are about how	you have felt in the last few weeks.			
32. Have you recently been able to concentrate	on whatever you're doing? (Select one answer only) GHQ1			
Better than usual	1			
Same as usual	2			
Less than usual	3			
Much less than usual	4			
33. Have you recently lost much sleep over wor	ry? (Select one answer only) GHQ2			
Not at all	1			
No more than usual	2			
Rather more than usual	3			
Much more than usual	4			
24 Herre very recently felt very very pleasing a ver	and the manufacture of the control o			
More so than usual	seful part in things? (Select one answer only) GHQ3			
Same as usual				
Less than usual	3			
Much less than usual	4			
Wideli less tilali usual	4			
35. Have you recently felt capable of making de	cisions about things? (Select one answer only) GHQ4			
More so than usual	1			
Same as usual	2			
Less so than usual	3			
Much less capable	4			
36. Have you recently felt constantly under stra	in? (Select one answer only) GHQ5			
Not at all	1			
No more than usual	2			
Rather more than usual	3			
Much more than usual	4			
	ne your difficulties? (Select one answer only) GHQ6			
Not at all	1			
No more than usual	2			
Rather more than usual	3			
Much more than usual	4			
38 Have you recently been able to enjoy your n	normal day-to-day activities? (Select one answer only) GHQ7			
More so than usual	1			
Same as usual	2			
Less so than usual	3			
Much less than usual	4			
L				

39. Have you recently been able to face up to your problems? (Select one answer only) GHQ8

More so than usual	1
Same as usual	2
Less able than usual	3
Much less able	4

40. Have you recently been feeling unhappy and depressed? (Select one answer only) GHQ9

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

41. Have you recently been losing confidence in yourself? (Select one answer only) GHQ10

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

42. Have you recently been thinking of yourself as a worthless person? (Select one answer only) GHQ11

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

43. Have you recently been feeling reasonably happy, all things considered? (Select one answer only) GHQ12

More so than usual	1
About the same as usual	2
Less so than usual	3
Much less than usual	4

Now some questions about your day-to day life

44. In general, how would you describe your mental health and wellbeing? (Please select one answer only)

MHCWELLB	
Excellent	1
Very good	2
Good	3
Fair	4
Poor	5

45. Read the statements below and choose the answer which best describes how you have been feeling over the last two weeks. (Please select one answer only)

	All of the	Most of	A lot of	Some of	A little of	None of
	time	the time	the time	the time	the time	the time
I have felt cheerful and in good spirits	0	1	2	3	4	5
MHCWHO1						
I have felt calm and relaxed MHCWHO2	0	1	2	3	4	5
I have felt active and vigorous (full of	0	1	2	3	4	5
energy) MHCWHO3						
I woke up feeling fresh and rested	0	1	2	3	4	5
MHCWHO4						
My daily life has been filled with things	0	1	2	3	4	5
that interest me MHCWHO5						

46. Read the sentence below carefully. Then think about how you are in most situations and select the answer that best describes you. There are no right or wrong answers (Please tick one answer only)

	None of	A little of	Some of	A lot of	Most of	All of the
	the time	the time	the time	the time	the time	time
I think I am doing pretty well	1	2	3	4	5	6
MHCSYND1						
I can think of many ways to get the	1	2	3	4	5	6
things in life that are important to me						
MHCSYND2						
I am doing just as well as other young	1	2	3	4	5	6
people my age MHCSYND3						
When I have a problem, I can come up	1	2	3	4	5	(
with lots of ways to solve it MHCSYND4						6
I think the things I have done in the past	1	2	3	4	5	(
will help me in the future MHCSYND5						6
Even when others want to quit, I know	1	2	3	4	5	
that I can find ways to solve the problem						6
MHCSYND6						

47.	Doy	you have	at least	one parent,	carer with	whom yo	u feel safe?	MHCBEN1
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Yes	1
No	2

48. Do you have at least one good friend? MHCBEN2

Yes	1
No	2

49. Do you have any beliefs that give you comfort? MHCBEN3

	 7	 <u>, </u>	
Yes		1	
No		2	

50. Do you like school? MHCBEN4

Yes	1
No	2

51. Do you have at least one teacher who cares about you? MHCBEN5

Yes	1
No	2

52. Do you have good neighbours? MHCBEN6

Yes		1
No		2

53. Is there an adult (not a parent or carer) who could offer you support or advice? MHCBEN7

Yes	1
No	2

54. Do you have opportunities to have a good time? MHCBEN8

Yes	1
No	2

55. Do you like yourself and feel comfortable with yourself? MHCBEN9

Yes	1
No	2

56. Do you have a predictable routine at home, like regular meals and regular bedtime? MHCBEN10

Yes	1
No	2

57. Northern Ireland has a Mental Health Champion and part of her job is to help improve the wellbeing of children and young people. Which one of the following do you think the Mental Health Champion should focus on? (Please select one answer only) MHCFOCI

Making sure that young people learn about mental health and wellbeing in school.	1
Making sure that schools teach young people about building healthy friendships and relationships.	2
Making sure that young people can get help and support from mental health services if they need it.	3
Looking at the effect of social media and the online environment on young people's mental health and wellbeing.	4
Improving access to free activities/spaces in the local community	5
Something else (Please type in)	6

The next set of questions are about young people's use of social media.

58. Approximately how many hours would you spend on social media on an average day? (Select one answer only) **SMTIME**

Fewer than 3 hours	1	Go to next question
3-5 hours	2	Go to next question
6-8 hours	3	Go to next question
More than 8 hours	4	Go to next question
I don't know	5	Go to next question
I don't spend any time on social media	6	Skip to question 66

59. What social media apps do you use? (Select all that apply) SMAPPS

Instagram	1
Snapchat	1
WhatsApp	1
X/Twitter	1
TikTok	1
Facebook	1
An online dating app	1
YouTube	1
Other (Please type in)	1

60. Have any of the following happened to you on social media? (Select all that apply) SMYOU

ob. Have any of the following happened to you on social media: (Select all that apply) siviloo			
Blackmail (e.g. someone demanding something from you to not reveal compromising or damaging material)	1	Go to next question	
Someone sharing your information/photos/videos with others without your consent	1	Go to next question	
Someone attempting to build a relationship with you to try to manipulate you into doing things for them	1	Go to next question	
Someone stalking your activities	1	Go to next question	

Someone posting/sharing threatening, intimidating or harassing material	1	Go to next question
about you or towards you		
Someone posting/sharing material motivated by hostility/dislike towards	1	Go to next question
your race, religion, sexual orientation, disability or gender		
Someone posting/sharing material which you found offensive, indecent or	1	Go to next question
obscene		
Offers to buy or sell illegal or stolen goods	1	Go to next question
Someone using your information on social media to steal your identity	1	Go to next question
Someone using your information on social media to hack into your	1	Go to next question
accounts		
People deliberately being dishonest to you to obtain a financial/personal	1	Go to next question
benefit or cause you to lose something (e.g. money)		
I have not experienced any of these behaviours on social media	1	Skip to question 62

61. thinking about the last question, do you know who behaved this way towards you? (*Select all that apply*) **SMWHO**

My girlfriend/boyfriend	1
My ex-girlfriend/ex-boyfriend	1
Friends/classmates	1
A family member	1
Another adult known to you offline	1
Another young person known to you offline	1
Someone you met on social media	1
A stranger	1
I don't know	1
I prefer not to say	1

62. Do you think some people are more likely to engage in these behaviours on social media compared to others? (*Select one answer only*) **SMPPLENG**

Yes	1	Go to next question
No	2	Skip to question 64
I don't know	3	Skip to question 64

63. Can you please explain who you think is more likely to engage in these behaviours on social media and who	/?
(Please type in) SMPPLEXP	

64. Do you think any of these behaviours are more likely to happen on some social media apps compared to others (e.g., the sharing of information/photos/videos without consent on Snapchat in comparison to Instagram)? (Select one answer only) SMHAP

Yes	1	Go to next question
No	2	Go to question 66
I don't know	3	Go to question 66

65. Can you please explain what behaviours you think are	e more likely to happen on	ı which social media apps and
why? SMHAPEXP		

66. How likely or unlikely are young people to engage in the following behaviours on social media? (*Select one answer in each row*)

	Very	Quite	Quite	Very	Don't
	unlikely	unlikely	likely	likely	know
Blackmail SMENG1	1	2	3	4	5
Sharing information/photos/videos about other people	1	2	3	4	5
without their consent SMENG2					
Attempting to build relationships with others to try to	1	2	3	4	5
manipulate them into doing things for them SMENG3					
Stalking another person's activities SMENG4	1	2	3	4	5
Posting/sharing threatening, intimidating or harassing	1	2	3	4	5
material SMENG5					
Posting/sharing material motivated by hostility/dislike	1	2	3	4	5
towards another's race, religion, sexual orientation,					
disability or gender SMENG6					
Posting/sharing material which is offensive, indecent or	1	2	3	4	5
obscene SMENG7					
Buying or selling illegal or stolen goods SMENG8	1	2	3	4	5
Using information on social media to steal another	1	2	3	4	5
person's identity SMENG9					
Using information on social media to hack another	1	2	3	4	5
person's account SMENG10					
Deliberately being dishonest to obtain a financial/	1	2	3	4	5
personal benefit or cause someone to lose something					
SMENG11					

67. How competent do you think most young people are to deal with these behaviours on social media? (Select one answer only) **SMCOMP**

Not competent at all	1
Not very competent	2
Quite competent	3
Very competent	4
I don't know	5

68. Is there anything else you would like to say about social media use among young people? SMELSE

The next few questions are about how you feel about the area you live in.

69. How safe do you feel living in this area? (Select one answer only) SAFEAREA

Very safe	1
Fairly safe	2
Neither safe nor unsafe	3
Fairly unsafe	4
Very unsafe	5
I can't choose	6

70. Would you describe your area as... (Select one answer only) LOYREPAR

Mainly Loyalist	1
Mainly Republican	2
Neither Republican nor Loyalist	3
I can't choose	4

71. How much do you agree or disagree with the following statements? (Select one answer only in each row)

	Strongly	Agree	Neither agree	Disagree	Strongly	I can't
	agree		nor disagree	Ö	disagree	choose
People in this area do not feel confident reporting crime and antisocial behaviour to the PSNI PSNIREP	1	2	3	4	5	6
The PSNI keep this area safe PSNISAFE	1	2	3	4	5	6
People in this area generally abide by the law PPLLAW	1	2	3	4	5	6
People in this area feel that they are protected by the law and justice system LAWPROT	1	2	3	4	5	6

72. Here are some things that other people have said about the neighbourhood that they live in. Thinking about the neighbourhood you live in how much do you agree or disagree with each of the following statements? (Select one answer only in each row)

	Strongly	Agree	Neither agree	Disagree	Strongly	I can't
	agree		nor disagree		disagree	choose
There are low levels of crime, drugs and anti-social behaviour in this area	1	2	3	4	5	6
LOWCRIME						
There is a strong sense of community in this area STGCOMM	1	2	3	4	5	6
Paramilitary groups have a controlling influence in this area PMCONT	1	2	3	4	5	6
Paramilitary groups help keep this area safe PMSAFE	1	2	3	4	5	6
Paramilitary groups create fear and intimidation in this area PMFEAR	1	2	3	4	5	6
Paramilitary groups contribute to crime, drug dealing and anti-social behaviour in this area PMDRUGS	1	2	3	4	5	6
There is a lot of crime, drugs and antisocial behaviour among young people in this area YPCRIME	1	2	3	4	5	6
Young people are being influenced too much by paramilitary groups in this area PMINFYP	1	2	3	4	5	6

The next few questions are about the environment.

73. Thinking about the future, what do you think the environment in Northern Ireland will be like in	25 years'
time? ENVVIS	

74. The Northern Ireland Government's Environmental Improvement Plan includes six goals. How important or unimportant do you think each one is?

	Very important	Important	Neither important nor unimportant	Not very important	Not at all important	Don't know
Excellent air, water and land quality ENVGOAL1	1	2	3	4	5	6
Healthy and accessible environment and landscapes everyone can connect with and enjoy ENVGOAL2	1	2	3	4	5	6
Thriving, resilient and connected nature and wildlife ENVGOAL3	1	2	3	4	5	6
Sustainable production and consumption on land and at sea ENVGOAL4	1	2	3	4	5	6
Zero waste and highly developed circular economy (i.e. a system where we continuously use and re-use resources) ENVGOAL5	1	2	3	4	5	6
Net zero greenhouse gas emissions and improved climate resilience and adaptability ENVGOAL6	1	2	3	4	5	6

75. And how likely or unlikely are you personally to take the following actions if this helps the environment?

	Very likely	Likely	Neither likely nor unlikely	Unlikely	Very unlikely	I already do this	Don't know
Cut down on how much meat you eat ENVIND1	1	2	3	4	5	6	7
Pay more for food to support more sustainable farming ENVIND2	1	2	3	4	5	6	7

Go on fewer holidays where you need to fly	1	2	3	4	5	6	7
ENVIND3							
Buy less single use plastic (such as drinks in plastic	1	2	3	4	5	6	7
bottles)							
ENVIND4							
Choose to travel by public transport or bike rather than car when this is feasible ENVIND5	1	2	3	4	5	6	7
Buy only sustainably- produced or second- hand clothes ENVIND6	1	2	3	4	5	6	7

76. Have you heard of the following?

	Yes, and I know what it means	Yes, but I am unsure what it means	No
Nature restoration ENVRESTO	1	2	3
Rewilding ENVREWIL	1	2	3

While lynx (wild cats) and wolves (wild dogs) still live in other countries they are now extinct in the United Kingdom and the Republic of Ireland. However, some people think it would help the environment if these animals were reintroduced to the United Kingdom and the Republic of Ireland.

77. How much do you agree or disagree that lynx should be reintroduced to the United Kingdom and Republic of Ireland? **ENVLYNRE**

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know	6

78. How much do you agree or disagree that wolves should be reintroduced to the United Kingdom and Republic of Ireland? **ENVWOLRE**

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know	6

79. Do you or anyone in your family keep livestock (sheep, cattle, goats, horses, pigs, hens, etc.) of any sort? **ENVLIVES**

Yes	1
No	2
Don't know	3

80. We will be running another Young Life and Times survey next year. Is there anything that you think we should be asking about life in Northern Ireland in our next survey? (Please type in). NEXTYEAR