

2023 YLT survey questions (Version 2 – Non TEO)

The first questions we would like to ask are about you and your family. We ask these questions to find out if young people from different backgrounds have different experiences. We cannot use this information to identify you.

1. **What is your gender identity?** (Select one answer only) **RSEX**

Male	1
Female	2
Non-binary	3
Male to female transgender	4
Female to male transgender	5
Other (type in)	6

2. **How many years have you lived in Northern Ireland?** (Type in) **YEARSNI**

YEARS

3. **If you have not always lived in Northern Ireland, what other countries have you lived in?** (Type in) **WHERELIV**

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4. **Would you describe the place where you live as ...** (Select one answer only) **PLACELIV**

A big city	1
The suburbs or outskirts of a big city	2
A small city or town	3
A country village	4
A farm or home in the country	5
I don't know	6

5. **Would you describe your area as...** (Select one answer only) **LIVEAREA**

Mainly Catholic	1
Mainly Protestant	2
Neither Catholic nor Protestant	3
Mixed	4
I don't know	5

6. **What have you been doing since October 2022?** (Select one answer only) **THISOCT**

At school or college full time	1
Working full time	2
Working part time	3
At school or college and working part time	4
On a training scheme	5
Unemployed	6
Other (type in)	7

7. What do you think you will be doing in two years' time, in October 2024? (Select one answer only) **OCT2YRS**

Going to college or university full time	1
Working full time	2
Working part time	3
At college or university and working part time	4
On a training scheme	5
Unemployed	6
Other (type in)	7

8. What type of school do you attend? If you have left school, what type of school did you last attend? (Select one answer only) **TYPESCHL**

Planned Integrated	1
Grammar	2
Secondary	3
Irish Language	4
Special School	5
Further Education College	6
Other (type in)	7

9. Would you describe your school/college as... (Select one answer only) **SCHGEND**

An all-girls school/college	1
An all-boys school/college	2
A mixed boys and girls school/college	3

10. Would you describe your school/college as ... (Select one answer only) **RELSCHL**

All or nearly all Protestant	1
All or nearly all Catholic	2
Mostly Protestant	3
Mostly Catholic	4
About half Protestant and half Catholic	5
I don't know	6

11. Do you have any physical, mental or developmental/sensory health conditions or illnesses lasting or expected to last for 12 months or more? (Select one answer only) **DISAB**

Yes	1	Ask question 12
No	2	Skip to question 13

12. Does your condition or illness/do any of your conditions or illnesses reduce your ability to carry out day-to day activities? (Select one answer only) **LIMDISAB**

Yes, a lot	1
Yes, a little	2
No, not at all	3

13. Which of the following statements applies best to you? (Select one answer only) **SEXATT**

I have felt sexually attracted:

... only to females and never to males	1
... more often to females and at least once to a male	2
... about equally often to females and males	3
... more often to males and at least once to a female	4
... only to males and never to females	5
I have never felt sexually attracted to anyone	6

14. Do you currently live with your parents, including adoptive parents? (Select one answer only) LIVEPAR

Yes, with my mother and my father in the same household	1
Yes, with my mother, but not my father	2
Yes, with my father, but not my mother	3
Yes, with my mother for some of the time and with my father for some of the time	4
Other (Type in who you live with)	5

15. How well off do you think your family is financially? (Select one answer only) WELLOFF

Not at all well off	1
Not very well off	2
Average	3
Well off	4
Very well off	5
I don't know	6

16. You may have heard people talking about the 'Cost of Living Crisis' that is affecting everyone in our country. This means that lots of things that families need every day like food, electricity, gas, and oil cost more now than they did a year ago.

In the last six months have you been doing the following things more often, less often or about the same? (Select one answer only in each row)

	More	Same	Less	I don't know
Eating 3 meals each a day COLCRIS1	1	2	3	4
Receiving treats like sweets/games COLCRIS2	1	2	3	4
Leaving electrical items e.g. TV or gadgets on during the day COLCRIS3	1	2	3	4
Attending after school clubs and activities COLCRIS4	1	2	3	4

17. Families and carers have to pay for a lot of things for their children. There are ordinary things like food and clothes, and special things like holidays and birthday presents. How do you think your family/carer(s) is managing with money for these things? (Select one answer only) FAMMONEY

I think we have enough money for ordinary things and special things	1	Skip to question 19
I think we have enough money for ordinary things but not for some special things	2	Ask question 18
I don't think we have enough money for ordinary things or for special things	3	Ask question 18
I don't know	4	Skip to question 19

18. What are some of the things there is not enough money for? FAMNOMON (Type in)

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19. Do you regard yourself as belonging to any particular religion? (Select one answer only) ANYRELIG

Yes	1	Ask question 20
No	2	Skip to question 21

20. If yes, which? (Select one answer only) RELIGION

Church of Ireland (Anglican)	1
Catholic	2
Presbyterian	3
Methodist	4
Baptist	5

Free Presbyterian	6
Brethren	7
Muslim	8
Other (<i>Type in</i>)	9

21. Which of the following best describes the way you think of yourself? (Select all that apply)

British NINATIDBR	1
Irish NINATIDIR	1
Ulster NINATIDUL	1
Northern Irish NINATIDNI	1
Other (<i>Type in</i>) NINATIDOT	1
I don't know NINATIDDK	1

22. To which ethnic group do you consider you belong? (Type in) **ETHNCAT**

23. Do you consider yourself to be a member of a minority ethnic community? (Select one answer only) **MEMMEC**

Yes	1
No	2

The next few questions are about how you have felt in the last few weeks.

24. Have you recently been able to concentrate on whatever you're doing? (Select one answer only) **GHQ1**

Better than usual	1
Same as usual	2
Less than usual	3
Much less than usual	4

25. Have you recently lost much sleep over worry? (Select one answer only) **GHQ2**

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

26. Have you recently felt you were playing a useful part in things? (Select one answer only) **GHQ3**

More so than usual	1
Same as usual	2
Less than usual	3
Much less than usual	4

27. Have you recently felt capable of making decisions about things? (Select one answer only) **GHQ4**

More so than usual	1
Same as usual	2
Less so than usual	3
Much less capable	4

28. Have you recently felt constantly under strain? (Select one answer only) **GHQ5**

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

29. Have you recently felt you couldn't overcome your difficulties? (Select one answer only) **GHQ6**

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

30. Have you recently been able to enjoy your normal day-to-day activities? (Select one answer only) **GHQ7**

More so than usual	1
Same as usual	2
Less so than usual	3
Much less than usual	4

31. Have you recently been able to face up to your problems? (Select one answer only) **GHQ8**

More so than usual	1
Same as usual	2
Less able than usual	3
Much less able	4

32. Have you recently been feeling unhappy and depressed? (Select one answer only) **GHQ9**

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

33. Have you recently been losing confidence in yourself? (Select one answer only) **GHQ10**

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

34. Have you recently been thinking of yourself as a worthless person? (Select one answer only) **GHQ11**

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

35. Have you recently been feeling reasonably happy, all things considered? (Select one answer only) **GHQ12**

More so than usual	1
About the same as usual	2
Less so than usual	3
Much less than usual	4

The next questions are about sports and physical activities. Physical activity can be done in school – in sports, school activities, playing with friends or walking to school. It can include many activities, for example, walking quickly, dancing, cycling, skateboarding, rollerblading, trampolining, football, gymnastics, athletics.

36. In a normal week would you do any of the following things? (Select all the apply)

SPORTDO 1-5

Walk or cycle to school, college, or work	1
Do PE in school, college, or work	1
Take part in sports in a sports club, organised activity, or a gym outside school	1
Take part in outdoor adventure activities e.g. canoeing, mountain biking, climbing	1
Undertake any other physical activity in your spare time (Please type in)	1

37. How many times during a normal week would you spend at least 60 minutes during a day playing sports or doing some physical activity? You don't have to do the 60 minutes all together, but you have to be active for at least 10 minutes at a time doing something that makes you sweaty and/or out of breath. (Select one answer only)

SPTIMES

Never	1
Once a week	2
2-3 times a week	3
4-6 times a week	4
7 times a week	5
More often	6

38. How much do you enjoy the following? (Select one answer only in each row)

	A lot	A little	Not at all	I don't do this
PE classes in school/college SPENJPE	1	2	3	4
Sports outside of school e.g. in a sports club or leisure centre SPENJORG	1	2	3	4
Physical activity not organised by school, or sports or leisure clubs e.g. family cycle or walk SPENJNOR	1	2	3	4
Doing outdoor adventure activities e.g. surfing, orienteering, kayaking SPENJOUT	1	2	3	4

39. Please name the three main types of sport you play or physical activities you do in a normal week. (Type in)

SPORT3

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40. Below are some reasons why people take part in sports or physical activity. How important are these reasons to you? (Select one answer only in each row)

	Very important	Somewhat important	Not very important	Not important	I can't choose
To be fit and healthy SPFIT	1	2	3	4	5
To gain new skills SPSKILLS	1	2	3	4	5
To have fun and meet friends SPFUN	1	2	3	4	5
To look good SPLOOKS	1	2	3	4	5
To compete with others SPCOMP	1	2	3	4	5

41. Compared to how much sports or physical activity you currently do, would you like to do more, less or about the same? (Select one answer only in each row) **SPMORLES**

A lot more	1
A little more	2
About the same	3
A little less	4
A lot less	5
I don't know	6

42. Which, if any, of the following reasons prevent you from taking part in sports and physical activity more often? (Select all that apply) **SPPREV1 - 7**

Not enough time	1
Poor health or a disability	1
I don't have anyone I can go with	1
Difficulty in getting there/lack of transport	1
The costs involved	1
I don't know where I can do the activities I want to do	1
Some other reason (type in your reason)	1

43. Has anyone ever encouraged or inspired you to take part in sports? (Select all that apply) **SPENCG 1 – 6**

My family	1
A teacher in my school/college	1
My friends	1
A famous person	1
Someone else (type in)	1
Noone has encouraged or inspired me	1

44. And do you have any sports idols or role models? These are sports personalities that you admire. (Select one answer only). **SPIDOL**

My sport idol is (Type in)	1
I don't have a sports idol	2

45. Have you ever received any tuition or coaching from an instructor or coach (other than in PE lessons) to help improve your performance in any sport or physical activity? (Select one answer only) **SPTUIT**

Yes	1
No	2
I can't remember	3

46. Have you ever helped with any sports coaching or instructions, including helping in sports-based summer schemes? (Select one answer only) **SPHLPCOA**

Yes	1
No	2

47. How much do you think sport and physical activity help you to improve: (Select one answer only)

	A lot	A little	Not at all	I don't know
Your physical health SPPHLTH	1	2	3	4
Your mental and emotional health SPMHLTH	1	2	3	4

48. In general, how would you say your health is? (Select one answer only) **SPHLTH**

Excellent	1
Very good	2
Fair	3
Poor	4

49. Do you think you are good at sport? (Select one answer only) **SPGOOD**

Yes, very good	1
Yes, quite good	2
Not good at all	3
I don't know	4

50. Are you involved in an organised squad or programme for talented sportspeople in your sport (e.g. at county or Northern Ireland level)? (Select one answer only) **SPSQUAD**

Yes	1
No	2
I don't know	3

51. Have you ever participated in a project that used sports to bring young people from different ethnic or religious backgrounds together? (Select one answer only) **SPRCOMM**

Yes	1
No	2
I can't remember	3

52. And would you like to participate in a sports project like that in the future? (Select one answer only) **SPCRFUT**

Yes	1
No	2
I don't know	3

The next few questions are asked on behalf of the Northern Ireland Mental Health Champion, a position set up by government in 2021 with the aim of promoting mental health and wellbeing and improving mental health services.

53. Which, if any, of the following things make you feel worried or stressed? (Select all that apply) **MHCWORRY**

Problems or arguments at home/with my family	1
My parent(s)/carer(s) being worried about not having enough money	1
Having to provide care for a family member	1
Being under pressure to do well at school	1
Not getting help with my disability/learning needs	1
Problems or arguments with friends/ peers	1
Pressure to wear the latest trends in clothing/makeup/sports gear	1
Not having safe places to hang out with friends	1
Pressure to get likes/positive comments on social media	1
Being sent unsuitable pictures/messages online	1
Other (please specify)	1
I never feel worried or stressed	1

54. If you wanted to talk to someone about any worries you might have who would you talk to? (Select all that apply) MHCTALK

Parent/carer	1
Brother/sister/other family member	1
Teacher/other school staff member	1
School Nurse	1
Youth or community worker	1
Friend	1
Someone you trust in your church or religious community	1
I would access a helpline or counselling service	1
Other (please specify)	1
I would not talk to anyone	1

55. The following statements ask about things that might make you feel better if you are worried or stressed. How much do you agree or disagree with each statement? (Select one answer only in each row)

	Strongly agree	Agree	Disagree	Strongly disagree	I don't know	I don't have a pet
Spending time with my family/carer(s) MHCFAM	1	2	3	4	5	n/a
Spending time with my friends MHCFNDS	1	2	3	4	5	n/a
Spending time with/looking after my pets MHCPETS	1	2	3	4	5	6
Doing sport, walking, cycling, dancing etc. MHCEXER	1	2	3	4	5	n/a
Spending time on my hobby (e.g. reading, making things) MHCHOB	1	2	3	4	5	n/a
Other (please specify) MHCOTH						

56. If you were feeling worried or stressed which, if any, of the following might stop you talking to someone about how you are feeling? (Select all that apply) MHCSTOP

I would be worried that my parent(s)/carer(s) might find out	1
If I told my friends, I would worry that they might treat me differently	1
I wouldn't know who to ask for help	1
I wouldn't want anyone to know that something was wrong	1
Other (please specify)	

57. In general, how would you describe your mental health and wellbeing? (Select one answer only) MHCWELLB

Excellent	1
Very good	2
Good	3
Fair	4
Poor	5

Feeling down, stressed, or depressed is quite common among young people in Northern Ireland. *If you are affected by problems like these don't ignore them.* If you want to speak with someone, contact one of the organisations or helplines below.

Lifeline: 0808 808 80 00 www.lifelinehelpline.info

Samaritans: 08457 909090 email: jo@samaritans.org

Minding Your Head www.mindingyourhead.info

58. What, if anything, do you think the Mental Health Champion could do to help improve the mental health and wellbeing of young people in Northern Ireland? (Type in) **MHCIMP**

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The next few questions are about how you feel about the area you live in.

59. How safe do you feel living in this area? (Select one answer only) **SAFEAREA**

Very safe	1
Fairly safe	2
Neither safe nor unsafe	3
Fairly unsafe	4
Very unsafe	5
I can't choose	6

60. Would you describe your area as... (Select one answer only) **LOYREPAR**

Mainly Loyalist	1
Mainly Republican	2
Neither Republican nor Loyalist	3
I can't choose	4

61. How much do you agree or disagree with the following statements? (Select one answer only in each row)

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	I can't choose
People in this area do not feel confident reporting crime and anti-social behaviour to the PSNI PSNIREP	1	2	3	4	5	6
The PSNI keep this area safe PSNISAFE	1	2	3	4	5	6
People in this area generally abide by the law PPLLAW	1	2	3	4	5	6
People in this area feel that they are protected by the law and justice system LAWPROT	1	2	3	4	5	6

62. Here are some things that other people have said about the neighbourhood that they live in. Thinking about the neighbourhood you live in how much do you agree or disagree with each of the following statements? (Select one answer only in each row)

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	I can't choose
There are low levels of crime, drugs and anti-social behaviour in this area LOWCRIME	1	2	3	4	5	6
There is a strong sense of community in this area STGCOMM	1	2	3	4	5	6
Paramilitary groups have a controlling influence in this area PMCONT	1	2	3	4	5	6
Paramilitary groups help keep this area safe PMSAFE	1	2	3	4	5	6
Paramilitary groups create fear and intimidation in this area PMFEAR	1	2	3	4	5	6
Paramilitary groups contribute to crime, drug dealing and anti-social behaviour in this area PMDRUGS	1	2	3	4	5	6
There is a lot of crime, drugs and anti-social behaviour among young people in this area YPCRIME	1	2	3	4	5	6
Young people are being influenced too much by paramilitary groups in this area PMINFYP	1	2	3	4	5	6

The age of criminal responsibility is the minimum age at which a child can be prosecuted and punished for breaking the law. In Northern Ireland the age of criminal responsibility is 10 years old. The age of criminal responsibility is different in different countries. In the following questions we want to find out what you think about this.

63. Do you think children who are 10 years old understand if they have broken the law? (Select one answer only)

CRBKLA

Yes	1
No	2
I don't know	3

64. Do you think children at the age of 10 are old enough to be arrested and go to court? (Select one answer only)

CRARREST

Yes	1
No	2
I don't know	3

65. The age of criminal responsibility in Northern Ireland is 10 years of age. It is older in other countries. Do you think there should be an older age of criminal responsibility in Northern Ireland? (Select one answer only)

CRNI10YR

Yes	1	Ask question 66
No	2	Skip to question 67
I don't know	3	Skip to question 68

66. What do you think the age of criminal responsibility should be in Northern Ireland? (Select one answer only)

CRNIAGE

10 years of age	1
12 years of age	2
14 years of age	3
16 years of age	4
18 years of age	5

67. Please explain you answer to the last question i.e. that the age of criminal responsibility should remain 10 years of age or that it should be more than 10 years of age. (Type in) **CRAGEEXP**

And finally, some questions about your personal relationships...

68. Have you ever had a boyfriend or girlfriend? (Select one answer only) **PRPART**

No, I have never had a boyfriend or girlfriend	1	Skip to question 70
Yes, I have had a boyfriend(s)/girlfriend(s) in the past but don't have one now	2	Ask question 69
Yes, I have had a boyfriend/girlfriend and have one now	3	Ask question 69

69. And how did you meet your boyfriend/girlfriend? Please answer for your current girlfriend or boyfriend, or if you do not have a boyfriend or girlfriend at the moment for your last girlfriend or boyfriend. (Select one answer only) **PRMEET**

In school	1
In my neighbourhood	2
Through social media	3
When out with friends	4
Through my church	5
Through my leisure activities e.g. in sports club, youth club, band etc.	6
Somewhere else (<i>Type in</i>)	7

70. Thinking about your current boyfriend or girlfriend, or your last boyfriend or girlfriend if you do not have one at the moment, would you say that ... (Select one answer only in each row)

	Yes	No	I don't know
They have the same religious background as you PRRELBAC	1	2	3
They have a similar family financial background to you PRFINBAC	1	2	3
They have the same ethnic background as you PRETHBAC	1	2	3
They have the same national identity as you PRNATBAC	1	2	3
They have the same gender identity as you PRGENBAC	1	2	3

Thank you very much for taking the time to complete the survey.

71. We will be running another Young Life and Times survey next year. Is there anything that you think we should be asking about life in Northern Ireland in our next survey? (Type in). **NEXTYEAR**