2009 Young Life and Times Survey

Front page to be designed

Please include YLT logo in design:



SPACE FOR STICKY LABEL WITH ID

The first questions we would like to ask are about you and your family.

RSEX	YEARSNI
1. Are you male or female?	2. How many years have you lived in
√	Northern Ireland? (Please write in)
Male 1	☐ ☐ Years
Female 2	
WHERELIV	PLACELIV
3. If you have not always lived in Northern Ireland,	4. Would you describe the place where you
what other countries have you lived in?	live as
	<u> </u>
	_ A big city 1
	The suburbs or outskirts of a big city 2
	A small city or town
	A country village 4
	Or, a farm or home in the country?
	Don't know
	MEMMEC
ETHNCAT	MEMMEC6. Do you consider yourself to be a member
5. To which ethnic group do you consider you	of a minority ethnic community?
belong?	✓
3	Yes 1
	No 2
THEOCT	O CITATUR C
THISOCT	OCT2YRS 8. What do you think you will be doing in
7. What have you been doing since October 2009?	two years time, in October 2011? (<i>Please</i>
(Please tick one box only) ✓	tick one box only) 🗸
At school or college full time 1	Going to college or university full time 1
Working full time 2	Working full time 2
Working part time 3	Working part time 3
At school or college and	At college or university and
working part time	working part time 4
On a training scheme	On a training scheme 5
Unemployed 6	Unemployed 6
(Please say why you think you are unemployed)	(Please say why you think you will be unemployed)
Other (Please write in) 7	Other (Please write in) 7
	
TYPESCHL	RELSCHL
9. What type of school do you attend? If you	10. Would you describe your school as
have left school, what type of school did	√
you last attend?	All or nearly all Protestant
Planned Integrated	All or nearly all Catholic
Planned Integrated 1	Mostly Protestant 3
Grammar 2	Mostly Catholic 4
Secondary 3 Irish language 4	About half Protestant and half Catholic 5
	Don't know
Special School 5 Other (Please write in) 6	
Other (Fredde Write III)	

LIVEPAR 11. Do you currently live with your parents, including adoptive parents? Yes, with my mother and my father in the same household Yes, with my mother, but not my father Yes, with my father, but not my mother Yes, with my mother for some of the time, and with my father for some of the time Other (Please say who you live with) **CAREHOME CARESEP** 12. Some people have extra family responsibilities 13. What about people not living with you, do because they look after someone who is sick, you personally provide some regular service disabled or elderly. Is there anyone living with or help for any sick, disabled or elderly you who is sick, disabled or elderly whom you relative, friend or neighbour not living with personally look after or give special help to? you? Yes Yes No No Don't know Don't know **WELLOFF CLFRREC** 14. How well off do you think your family is 15. How many close friends do you have friends you could talk to if you were in some financially? kind of trouble? (Please write in) Not at all well off Not very well off Average Well off 4 Very well off 5

DISAB1

Don't know

16. Do you have a long-standing illness, disability or infirmity? By long-standing we mean anything that has troubled you over a period of time or that is likely to affect you over a period of time?

6

	✓ ·
Yes	1 (Please go to the next question)
No	2 (Please go to question 18)

LIMDISAB

17. Does this illness or disability limit your activities in any way?

	✓
Yes	1
No	

The next four questions are related to young people's rights.

KNOWRIGH		
18. Which statement below best describes what y	ou know about the rights of	children and young
people living in Northern Ireland?	V	
We don't have rights	<u></u>	
We have rights, but I don't know anything abou	ıt them	
We have rights, and I could list a few	3	
We have rights, and I know a great deal about	them 4	
HEARDUNC	KNOWUNC	over all a cut the a LINI
19. Have you ever heard about the UN Convention on the Rights of the Child?	20. How much do you kno	
Convention on the Rights of the Child?	Convention on the Rights	of the Child?
✓	A lot	, 1
Yes 1 (Please go to the next question)	A little	
No 2 (Please go to question 21)		=
Don't know 3 (Please go to question 21)	Nothing Don't know	∐ 3 □ 4
DOIT KNOW [] 3 (Please go to question 21)	Don't know	4
GOVPROCH		
21. How well do you think the government protects	s your rights as a young pe	rson?
√		
Not a lot		
A little		
Adequately 3		
Very well 4		
Don't know 5		
The next few questions we would like to asl	k you relate to voluntee	ering.
•	•	J
Volunteering is the commitment of time and	d energy for the benefit	of society and
the community and can take many forms. It	is time that is given <u>fre</u>	eely and without
pay. This can involve unpaid work or activit		
local community group, sports organisation		
group as well as activities associated with t	_ ·	
Volunteering excludes things you do for yo		
22. If you wanted to find out about volunteering opp		
information? VOLINFO	(Please tick all that apply.) v
Through your school		∐ 1 ∴
Through a special telephone line		∐ 1 □ .
At a centre where I could find out about volunteerin	=	∐ 1 □ .
In articles and adverts in the media (newspapers, T	v, radio)	∐ 1 □ .
Through information in job centres		∐ 1 □ 1
In the Internet (e.g. Facebook and Bebo)		H 1
By text messages, or emails		
Through word-of-mouth		
Other (<i>Please write in</i>)] ' '
		_
None of these		$\prod 1$

Don't know

	EVMILVOL 23. Have you ever hea Volunteers Program		illennium ✓	24. How h		ard about the	
	Yes [No [Don't know [1 (Go to ne) 2 (Go to que 3 (Go to que	estion 25)	Communi Through f Through r	a youth club ty/youth orga riends or fam	nisation/grou ily poster camp	1
	LPAST Have you volunteered i Yes, I have volunteered for	•				only) ✓	
	Yes, I have volunteered in Yes, I have volunteered b No, I have not volunteere	nformally (no	ot for an orga	nisation)		2 3	go to question 36)
26.	And how often have yo tick one box in each ro		ed in the fol	lowing field	ds in the pas	st 12 months	s? (Please
		Once a week	Once a fortnight	Once a month	Less than once a month	Only once in the last year	I haven't done this
	Within your school VOLSCHL	1	2	<u> </u>	4	<u> </u>	□ 6
	Sports/exercise VOLSPORT	1	_ 2	<u> </u>	<u> </u>	5	6
	Health and social welfare	1	_ 2	□ 3	4	<u> </u>	6
	VOLHEALT						
	Conservation, environment and heritage	1	2	3	4	<u> </u>	6
	VOLHERTG						
	Animal welfare	1	2	<u> </u>	4	<u> </u>	6
	VOLANMAL						
	Local community, social or youth groups	1	2	<u> </u>	<u> </u>	<u> </u>	6
	VOLLOCAL						
	In a church or religious organisation	1	_ 2	<u> </u>	4	<u> </u>	6
	VOLCHRCH						
	Other (<i>Please write in)</i> VOLOTH	1	2	<u> </u>	4	<u> </u>	6

OTHVOLWHAT	

VO	LWHAI		
27.	What type of roles do you undertake when volunteering? (Please tick	all tha	t apply)
	Once delegate and belief and a management of the control of	✓	
	Organising or helping to run an activity or event	H^1	
	Visiting people, befriending or mentoring people	H1	
	Coaching in a sport	H^1	
	Helping in church or a religious organisation Secretarial, administration or clerical work	H^1	
	·	H^1	
	Practical help (e.g. shopping, gardening, building, meal on wheels)	H'	
	Looking after a property or a pet for someone who is away Improving the environment (e.g. wildlife conservation or picking up litter)		
	Other (<i>Please write in</i>)	H	
ſ	Other (Flease write III)	'	
L			
	None of these	1	
	WHYVOL		
28.	Why did you become involved in volunteering? (Please tick as	l that a	pply)
	I wanted to improve things / help people		П 1
	I wanted to meet people / make friends		
	The cause was really important to me		
	My friends / family also volunteered		
	I thought it would give me a chance to learn new and/or use existing skill	S	
	I was asked to help		
	It helps me get on in my career / build up my CV		
	It's part of my religious belief or philosophy of life to help people		<u></u>
	Other (Please write in)		□ 1
	Don't know /I can't remember		□ 1
	OPPVOL		
29.	And how did you find out about the opportunity to volunteer? (Please	tick all	that apply.)
	From someone else already involved in volunteering		
	From a friend or family member		
	Through a church or a religious organisation		
	Through school		
	Through the Internet		
	Via leaflets, newspapers, TV or radio		
	I have used the services of the organisation in the past		
	Other (<i>Please write in</i>)		
	· · · · · · · · · · · · · · · · · · ·		

	30. Please say how much you agree or disagree with the following statements about volunteering. (Please tick one box in each row) ✓							
		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know	
а. ST	I'm given the opportunity to do the sort of things I'd like to do. ATVOL1	1	2	3	4	5	<u> </u>	
	I get bored or lose interest in my involvement. ATVOL2	1	2	3	4	5	6	
	I can cope with the things I'm asked to do. ATVOL3	1	2	3	4	5	6	
d.	My efforts are appreciated by the organisation or people I volunteer for.	1	2	3	4	5	6	
e.	ATVOL4 I find it difficult to balance my volunteering commitments with my other commitments (work/school/home). ATVOL5	1	2	3	<u> </u>	<u> </u>	<u> </u>	
f. ST	In the course of my volunteering, I have received training that helps me in my role as volunteer. ATVOL6	1	2	3	4	5	6	
	OURVOL							
31	. Approximately how many ho	ours have yo ✓	ou spent v	olunteering ii	n the past 4	weeks?		
	Less than one hour 1-5 hours 6-10 hours More than 10 hours		1 2 3 4					
ВЕ	ENVOL							
32	What benefits do you get fro	m volunteei	ring?	(Plaasa tid	ok all that ar	anlu) 🗸		
	I meet people and make friends through it 1 1 1 1 1 1 1 1 1							

33.							
			(Please tick all that apply)	<u> </u>			
	My travel expenses			1			
	Money spent on meals			1			
	Child / dependent care	1					
	Expenses for special equipment I need to use when I volunteer						
	Costs for telephone or pos	tage if volunteering	g from home	1			
	Other (Please write in)			1			
	None			1			
	FRNDVOL		CRFRNVOL				
34.	Since you began your volui	nteering work,	35. And how about your contact wit				
	has your network of friends		a different community or religiou				
	decreased or remained the	same?	backgrounds? Has this increase				
		\checkmark	decreased or remained the san				
				<u> </u>			
	Increased	∐ 1	Increased	1			
	Remained the same	<u> </u>	Remained the same	2			
	Decreased	∐ 3	Decreased	<u> </u>			
	Don't know	4	Don't know	4			
_							
N	low please go to questi	on 39.					
_							
	'NVOL						
36.	Which of the factors belo	ow help explain v	why you do not volunteer?				
			(Please tick all that apply)	✓			
	I have too many other commit			∐ 1			
	I feel haven't got the right skill	•	·	∐ 1			
	I wouldn't know how to find ou	it about getting inv	olved in voluntary activities	∐ 1			
	I think I am too young			∐ 1			
	I've never thought about it			∐ 1			
	I am already doing enough			∐ 1			
	None of my friends are volunt	eering		∐ 1			
				1			
	It's not a cool thing to do			=			
	Other (<i>Please write in</i>)			_			
				1			

37.	If you have stopped volunteering in the past 12 months we would be interested to why. (Please tick all that apply) Due to the higher levels of home and schoolwork I now have Volunteering took too much time I was not able to do the things I liked to I felt my efforts weren't always appreciated	find out 1 1 1 1 1 1 1
	I was out of pocket due to my volunteering Other (<i>Please write in</i>)	∐ 1 □ 1
I	have never volunteered	1
	ENCOUVOL	
38.	Among the factors below, which would encourage you to volunteer? (Please tick all that apply)	✓
	Having a flexible opportunity to volunteer that suits my free time A recognition of my efforts by businesses and universities To gain an experience that I am looking for	1 1 1
	To be given incentives to encourage me to keep volunteering (e.g. free t-shirts, trips etc.) To be able to choose the organisation I would like to volunteer with Plenty of fun	1 1 1 1
_	Other (Please write in)	∐ 1

If you would like to find out more about volunteering please visit the following website

None of these

____ 1



We ask the next few questions on behalf of the <u>Patient and Client Council (PCC)</u>. The aim of the PCC is to ensure a strong patient and client voice in health care provision in Northern Ireland. The PCC is interested in hearing from young people about mental and emotional health care provision for them.

PROFHELP

 All young people have help. Have you in the health problem for which worker, psychologist, p 	past year had ch you felt you	d any seriou u needed pr	s personal, ofessional h	emotional,	behavioura	al or mental
,	•	•	•	lease tick oi	ne box onl	v) ✓
Yes, but I did not try to get p Yes, and I did ask for profes No, I have had few or no pro	ssional help	lp	(1 2 3
I have had, or now have, se	rious problems	, but have ne	ever felt the n	eed for profe	ssional hel	р 🗌 4
40. Below is a list of peo emotional or mental hea helpful, do you think, the	Ith problems. se people or	If you had s	uch emotior uld be to you	nal or menta u?		
	Not at all helpful	A little helpful	Quite helpful	Very helpful	l don't know	I don't have this person or source
Friends HLP_MH1	1	2	3	4	<u> </u>	6
Your father HLP_MH2	1	2	<u> </u>	4	<u> </u>	<u> </u>
Your mother HLP_MH3	1	2	3	4	<u> </u>	6
Your brother or sister HLP_MH4	1	2	3	4	<u> </u>	6
A teacher HLP_MH5	1	2	<u></u> 3	4	<u> </u>	<u> </u>
A minister, priest or other religious leader HLP_MH6	1	2	3	4	<u> </u>	<u> </u>
A local GP HLP_MH7	1	2	<u></u> 3	4	5	<u> </u>
A school nurse HLP_MH8	1	2	<u></u> 3	4	5	<u> </u>
A counsellor HLP_MH9	1	2	<u> </u>	4	<u> </u>	<u> </u>

The internet HLP_MH10	1	2	<u> </u>	4	<u> </u>	6		
A youth group HLP_MH11	1	2	<u> </u>	4	<u> </u>	6		
Other (<i>Please write in</i>) HLP_MH12	1	2	3	4	<u> </u>	6		
PROFSUP 41. What kind of professional response from a doctor, nurse or social worker would be helpful to a young person who has emotional/mental health problems? (Please tick all that apply) Support and information from one understanding professional Support and information from a team of understanding professionals (e.g. GP, nurse and counsellor) 1 Prescription medication (e.g. anti-depressants) Referral to a specialist service (e.g. Psychotherapy) I don't know Other (Please write in)								
EMOPRB 42. Which of the following Not being confident with the Thinking I may be gay Having too much homework Having to cope with criticist Being pressurised to take d Thinking about suicide Being concerned that I drinl My appearance or body sha Being in debt Something else (Please write)	e opposite sex k m from family lrugs k too much ape	(Plea	ional problei ase tick all th		√			
None of the above					<u> </u>			

43	43. Below are a number of statements in relation to mental and emotional health. Please say how much you agree or disagree with these statements ✓						
		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know
a.	I believe that doctors and nurses understand and respect my right to confidentiality when it comes to my emotional or mental health problems. STATEH1	1	2	3	4	<u> </u>	6
b.	I often worry about being bullied.	1	2	<u> </u>	4	<u> </u>	<u> </u>
c.	STATEH2						
d.	There are very few services for young people who have emotional or mental health problems. STATEH3	1	2	3	4	<u> </u>	6
e.	When you have emotional or mental health problems it is easy to trust and talk to school nurses and health visitors. STATEH4	<u> </u>	_ 2	□ 3	☐ 4	□ 5	□ 6
f.	The voice of young people who have emotional or mental health problems is not heard by health professionals. STATEH5	1	2	3	4	5	6
g.	I feel that I could get help from services in an emergency if I had emotional or mental health problems. STATEH6	1	2	3	4	<u> </u>	6
h.	Young people are able to influence the delivery of health care that relates to their emotional or mental health needs. STATEH7	1	2	3	4	<u> </u>	6
i.	There is no support in the health service for families who have a young person with emotional or mental health problems. STATEH8	1	2	3	4	<u> </u>	6
j.	When young people have emotional or mental health problems there are	1	2	<u> </u>	4	<u> </u>	<u> </u>

suitable activities and facilities in the local community that they can attend to help them. STATEH9						
k. At times I feel I am no good at all. STATEH10	1	2	<u> </u>	4	<u> </u>	<u> </u>
I. Young people like me have difficulty talking to anyone about their own emotional or mental health issues. STATEH11	1	2	3	4	<u> </u>	6
m. There are lots of organisations that can help me if I have emotional or mental health problems. STATEH12	□ 1	□ 2	□ 3	□ 4	□ 5	□ 6
Stress and depression are quite common among young people in Northern Ireland. If you are affected by problems like these and want to speak to someone, call one of the helplines below.						
DON'T IGN	ORE PR	ROBLEN	IS LI	KE THES	E!	
Youthline Northern Ireland	24/7:			0808 808 80	00	
Samaritans: Text: 07725 90 90 90 Textphone (for deaf or hard of	of hearing):	e-mai	l:	08457 90 90 jo@samarit 08457 90 91	tans.org	
You can also find useful in	formation	at: w	ww.hea	ds-away-jus	st-say.co	m
		W	ww.min	dingyourhe	ad.info	

The next few questions are about community relations in Northern Ireland and relations between people of different ethnic backgrounds.

RELAREA	ANYRELIG		
44. Would you describe your area as ✓	45. Do you regard yourself as belonging to any particular religion?		
Mainly Catholic	Yes 1 (Please go to the next question, No 2 (Please go to question 47))	
RELIGION 46. If yes, which?	RELIDIMP 47. Some people feel very strongly about the religious identity, that is, whether they are		
Church of Ireland (Anglican) Catholic Presbyterian Methodist Baptist Free Presbyterian Brethren Other (Please write in) 1 2 2 5 6 8 8	Catholic, Protestant or something else – even if they don't go to church. Other people say that their religious identity is r important to them. How important is religious identity to you? Very important Quite important Neither important nor unimportant Not very important Not at all important I don't have a religious identity		

NINATID		NATIDIMP	
48. Which of these best describes the you think of yourself? British Irish Ulster Northern Irish Other (Please write in) Don't know	ne way	49. Some people feel very strongly a national identity, that is, whether British or Irish or something else. say that their national identity is r to them. How important is your nato you? Very important Quite important Neither important nor unimportant Not very important Not at all important Don't know	they feel Other people not important ational identity
50. And do you see yourself as:			
Part of the Protestant community Part of the Catholic community Neither	√		
RLRELAGO 51. What about relations between P and Catholics? Would you say t better than they were 5 years ag or about the same now as then? Better Worse About the same Other (Please write in)	hey are o, worse,	RLRELFUT 52. And what about in 5 years time? relations between Protestants and be better than now, worse than not the same as now? Better Worse About the same	d Catholics will
Other (Flease white III)	4	Other (Please write in)	4
Don't know	5	Don't know	<u> </u>
RELGALWY 53. Do you think that religion will a a difference to the way people each other in Northern Ireland?		MXRLGNGH 54. If you had a choice, would you pr a neighbourhood with people of c religion, or in a mixed-religion nei	only your own
Yes No Other <i>(Please write in</i>)	1 2 3	Own religion only Mixed-religion neighbourhood Other (<i>Please write in</i>)	1 2 3
Don't know	4	Don't know	4

MXRLGWRK		OWNMXSCH	
55. And if you were looking for a job, prefer a workplace with people of own religion, or a mixed-religion	f only your	56. And if you were deciding wh children to school, would you with children of only your ow mixed-religion school?	ı prefer a school
	\checkmark	•	\checkmark
Own religion only	□ 1	Own religion only	□ ₁
Mixed-religion workplace		Mixed-religion school	
= -	=		=
Other (Please write in)	3	Other (Please write in)	3
Don't know	4	Don't know	4
IMPACT		FEELMEC	
57. Thinking about how you feel about from other ethnic backgrounds to you what do you think has been the most influence on your views?	ourself,	58. How favourable or unfavoura about people from minority e	
✓		Very favourable	1
My church or place of worship 1		Favourable	
My family 2		Neither favourable nor unfavo	=
My school 3		Unfavourable	
My friends 4			\equiv
The media 5		Very unfavourable	5
Other (Please write in)		Don't know	<u> </u>
Don't know			
SOCDIFF		SETHFRND	
59. How often do you socialise or pla with people from a different ethr background to yourself?		60. About how many of your frie are the same race or ethnic	
✓		All	
Very often		Most	H',
Sometimes 2			
Rarely 3		Half	<u></u> 3
		Less than half	4
		None	<u> </u>
Don't know 5		Don't know	<u> </u>
		Other (Please write in)	7
RACOWNKD			
61. How much do you agree or disa	aree with		
the statement, "In relation to col-			
ethnicity, I prefer to stick with pe			
own kind"?	·		
Strongly agree	1		
Agree	2		
Neither agree nor disagree	<u> </u>		
Disagree			
Strongly disagree	5		
Don't know	=		
DOLL CALIOM	6		

COMMENTS 62. Is there anything else you would like to sa	ay about community relations in Northern Ireland?		
	hey think we should be asking the 16-year come questions that last year's respondents		
SEXATT 63. Which of the following statements ap	oplies best to you? ✓		
I have felt sexually attracted:only to females and never to malesmore often to females and at least oneabout equally often to females and mamore often to males and at least onceonly to males and never to females	ce to a male		
I have never felt sexually attracted to an	yone at all. 6		
CRCRUNCH 64. To what extent has the recent economic crisis ('credit crunch') affected you and your family?	65. Please give details HOWCRCRUNCH		
Not at all			
INTERVIEW If you have been affected by the recent economic crisis we would like to hear from you further. If you are willing to be interviewed about this, please tick this box and fill in your contact details on the last page of the questionnaire. We will pay £15.00 for each completed interview.			

66. We will be running another Young Life and Times Survey next year. Is there anything that you think we should be asking about life in Northern Ireland?				
The results of this survey will be available in Spring of 2010.				
If you would like an invitation to the launch of the findings, please tick this box \square and fill in your contact details below.				
If you would like a summary of the results, please tick this box \square and fill in your contact details below.				
Name				
Address				
Telephone number				
Email address				

Thank you very much for taking the time to complete this questionnaire

If you have completed this questionnaire, please send it back in the Freepost envelope provided. Please note that you do not need a stamp.

The 2009 Young Life and Times Survey was part funded by the Office of the First Minister and Deputy First Minister, The Patient and Client Council and the Volunteer Development Agency through funding received from the Youth Council for Northern Ireland.





