



Health

Sex

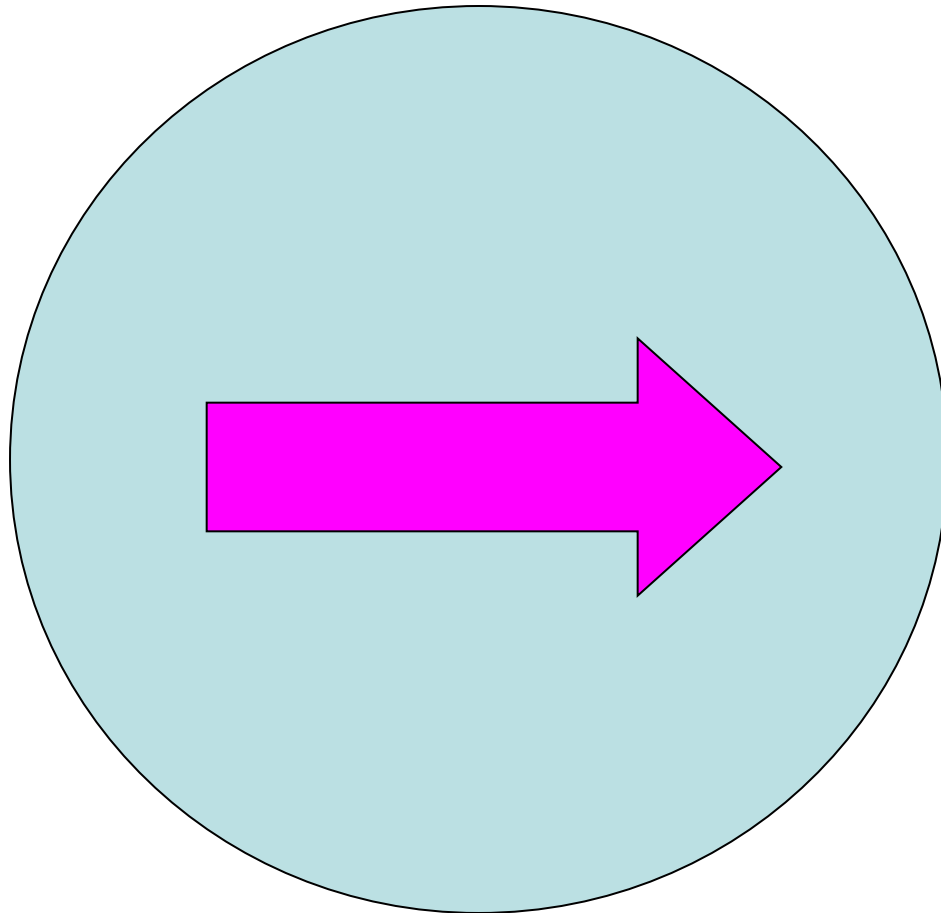
Relationships

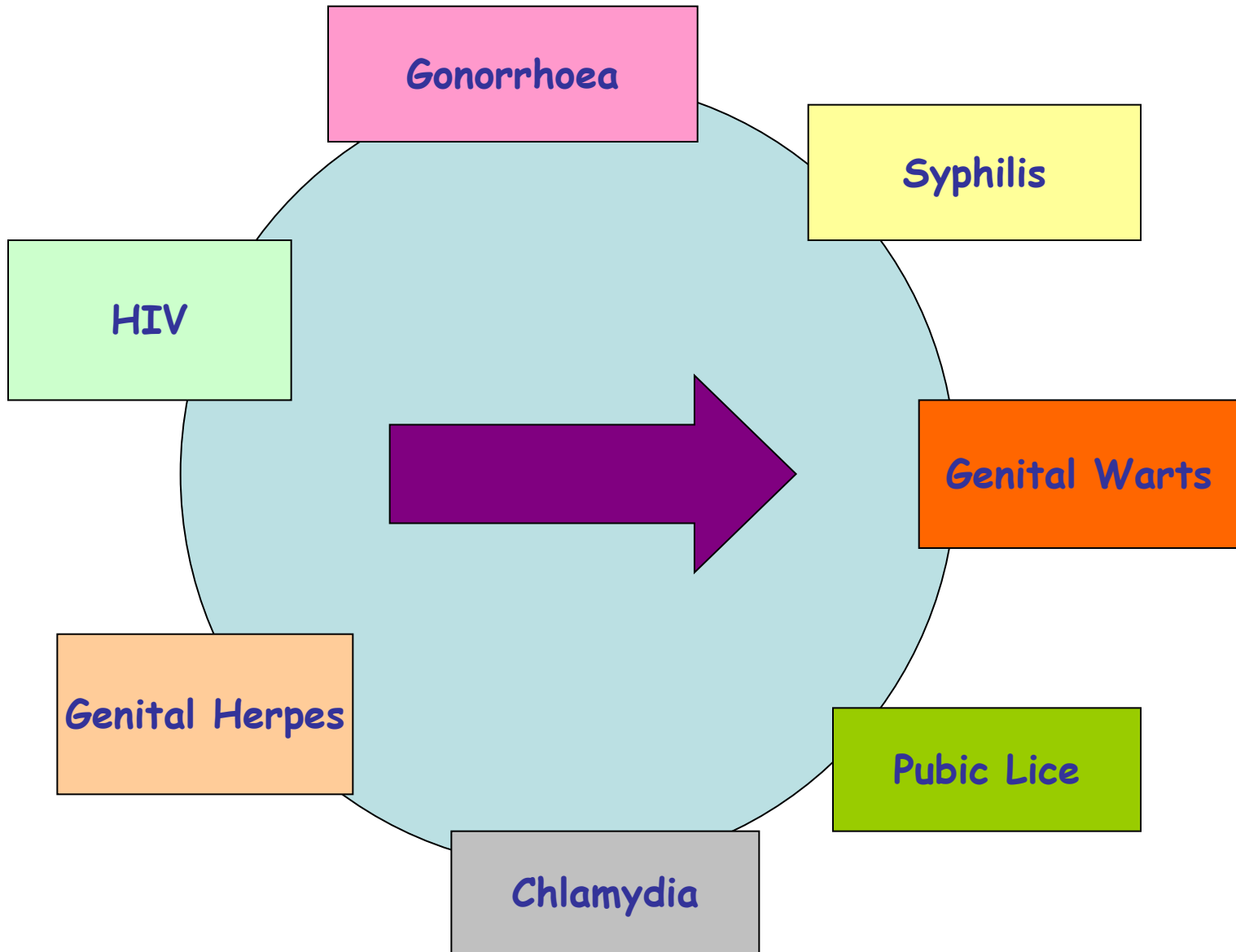
Drugs

Alcohol

Youth Health Advice Service

Wheel of Misfortune





Genital Warts

- Symptoms?

None

Small pink/white lumps

Itching

Bleeding during sex

- How do people get it?

Anal, vaginal, oral sex

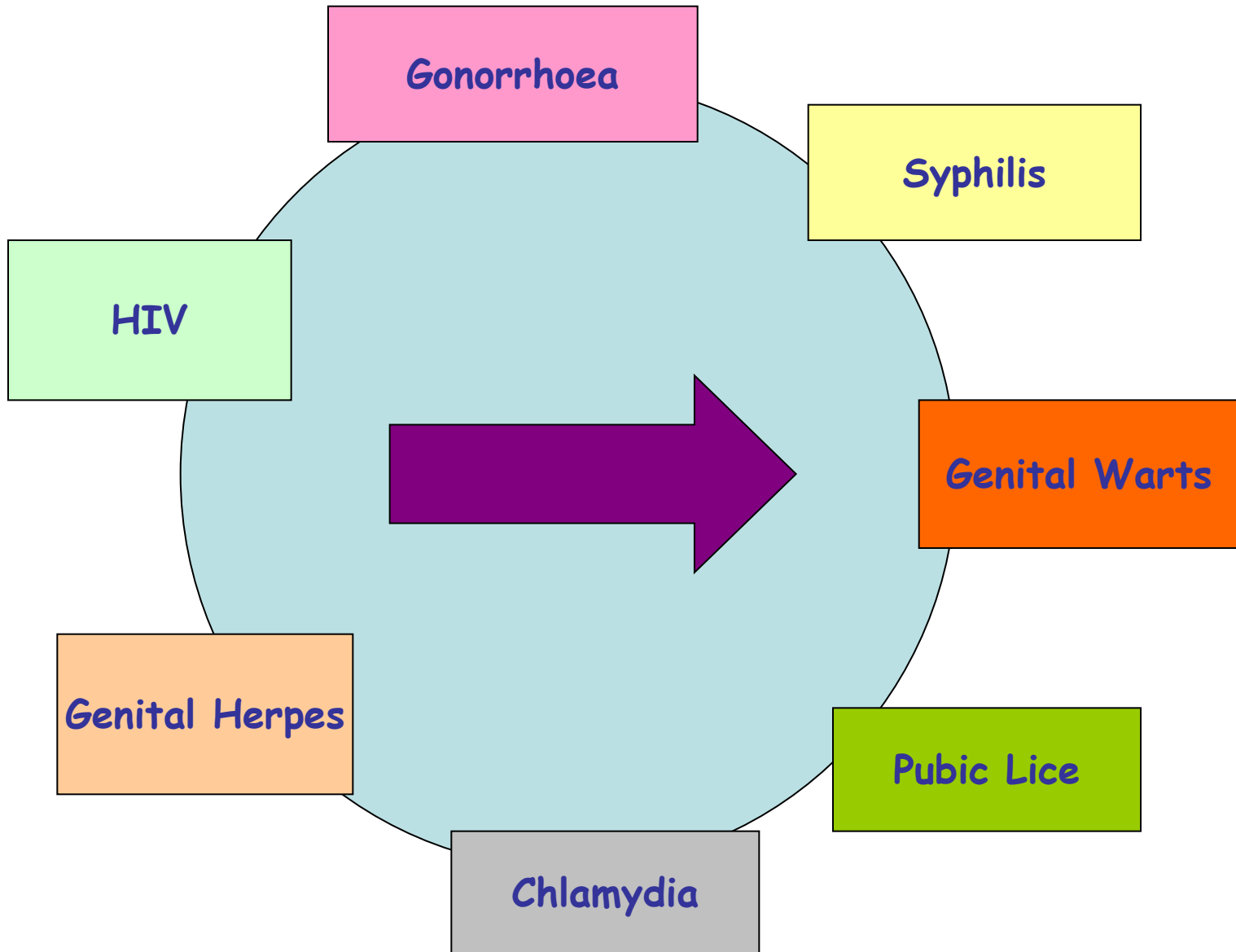
Skin to skin genital contact

- Treatment?

Freezing, lasering, cream

Can Come back





Genital Herpes

- Symptoms?

Tingling skin

Blisters

Painful when you pass urine/ pee

Red sores

- How do people get it?

Sexual activity (including oral sex)

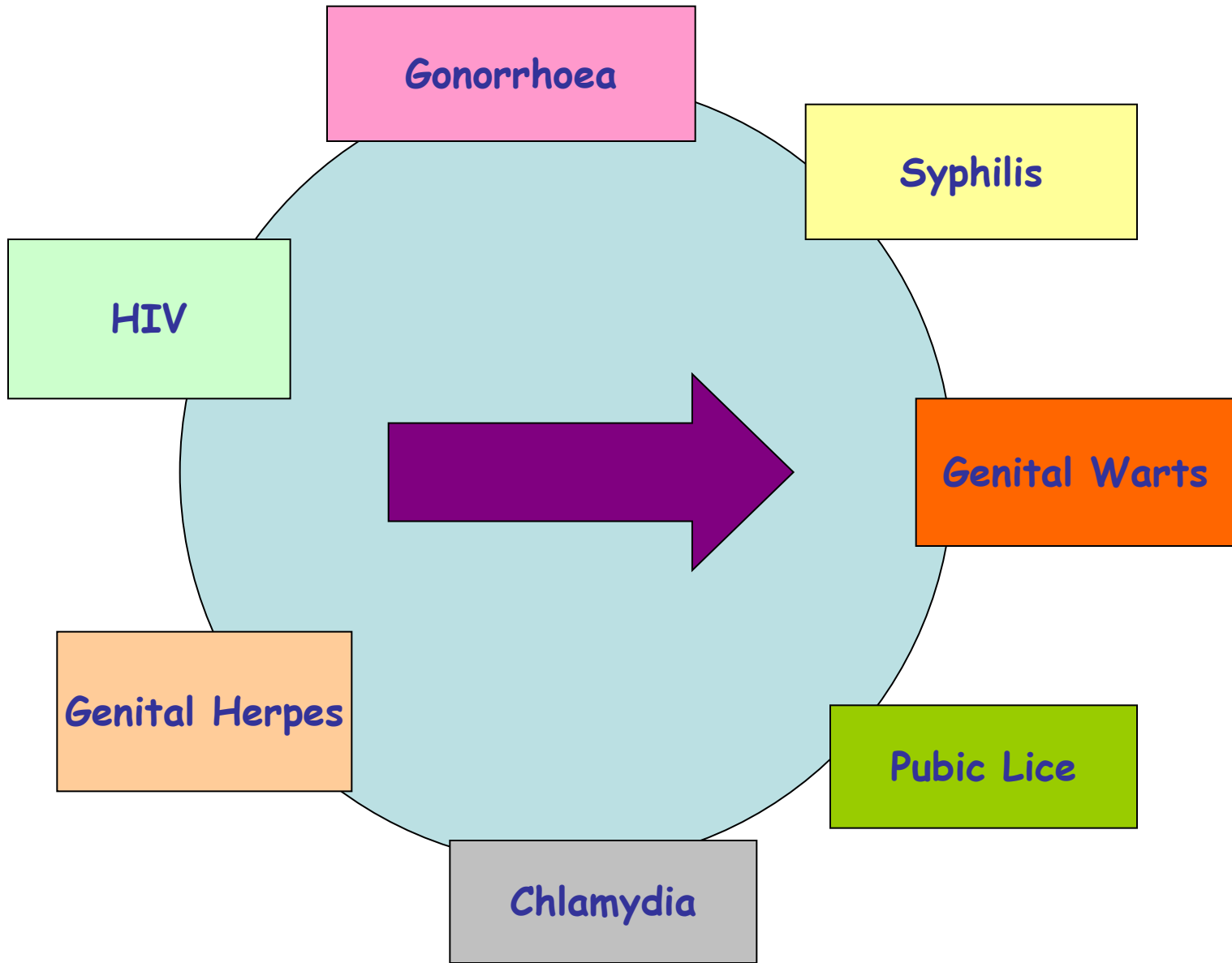
- Complications?

Can come back, premature birth in pregnancy

- Treatment?

Virus stays in blood but can have anti-viral tablets to help the pain





Chlamydia

- Symptoms?

80% of women have none and 50% men have none

Clear discharge

Burns when you pass urine/ pee

Lower stomach/tummy pain

- How do people get it?

Vaginal, anal or oral sex

Sex toys

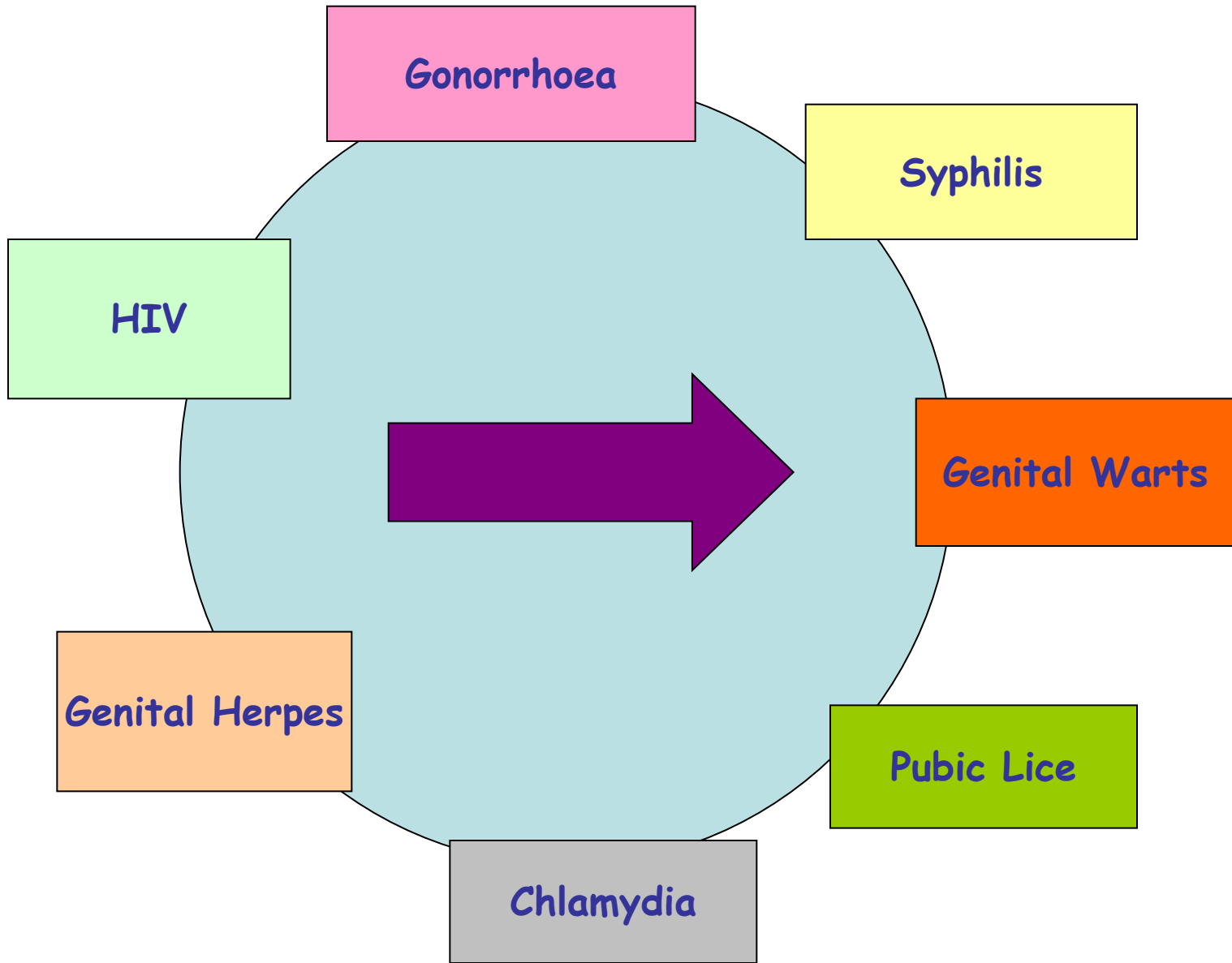
Mother to baby

- Complications/ problems?

Swollen testicles, Pelvic Inflammatory Disease, ectopic pregnancy, Infertility, arthritis.

- Treatment?

Antibiotics



Gonorrhea

- Symptoms?

No symptoms

Yellow-white discharge

Painful when you pee

Pelvic pain

- How do people get it?

Vaginal, anal or oral sex

Sex toys

Mother to baby

- Complications/ problems?

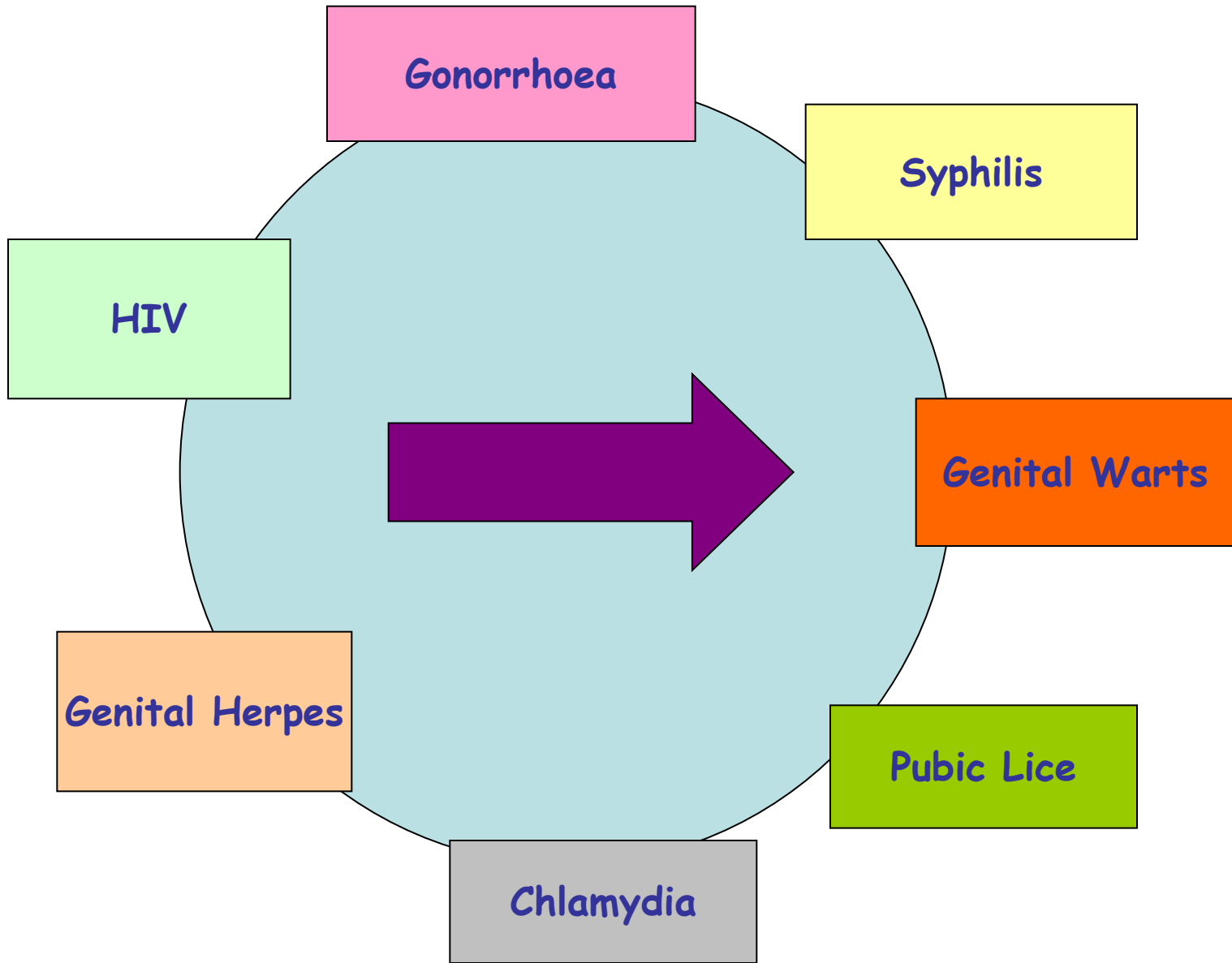
PID(pelvic inflammatory disease), infertility, ectopic pregnancy

Inflamed testicles, sore throat

- Treatment?

Antibiotics





Syphilis

- Treatment?

Sores

Painless rash

Flu like symptoms

Swollen glands

- How do people get it?

Vaginal, anal or oral sex

Sex toys

Mother to baby

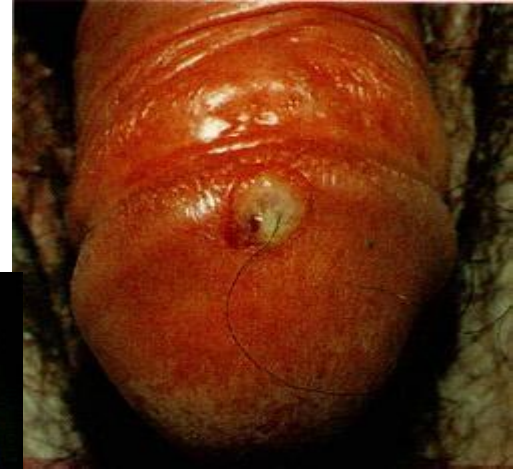
- Complications/problems?

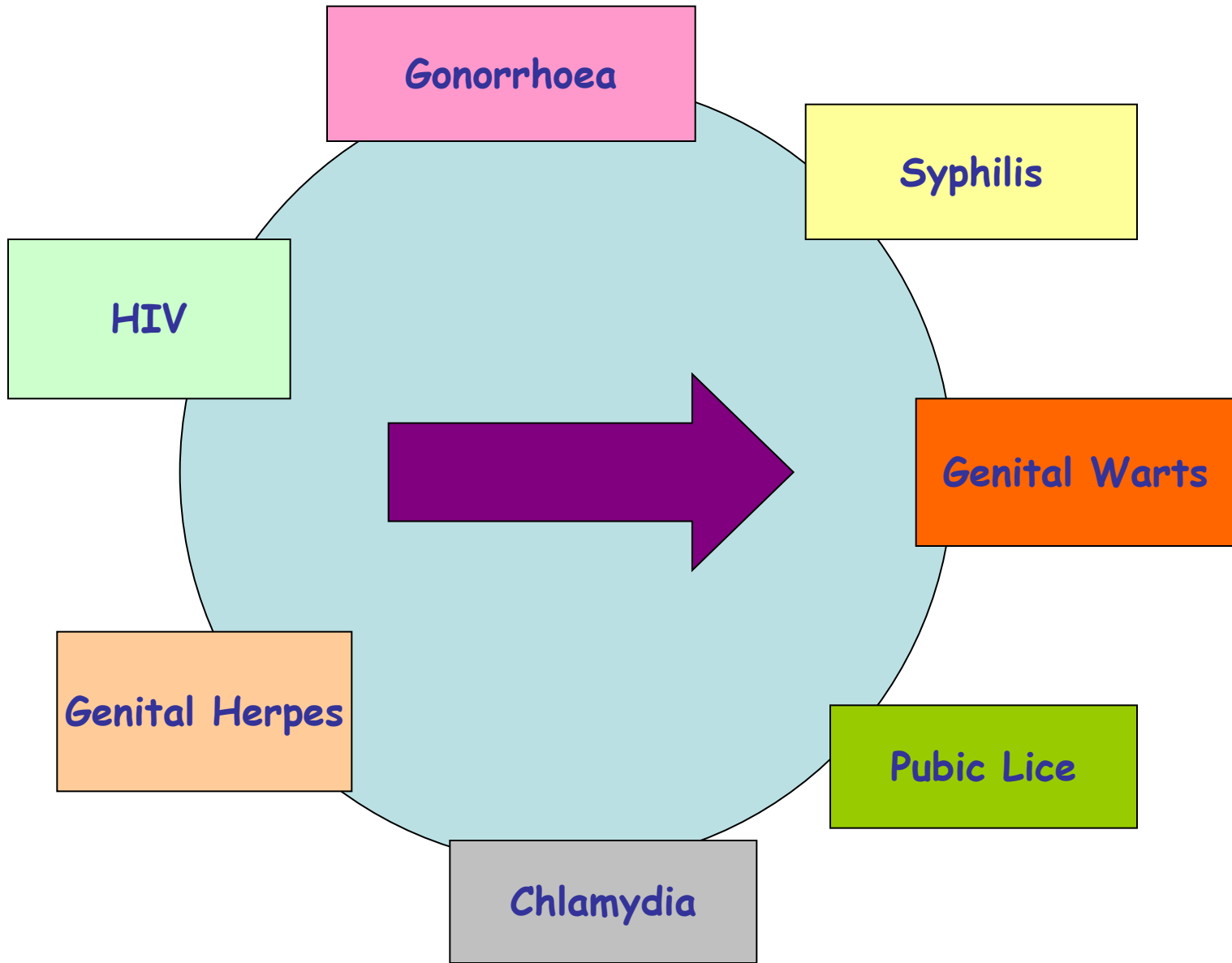
Mental health problems

Brain, eyes, heart, nervous system

- Treatment?

Penicillin injections





HIV

Human Immunodeficiency Virus

- HIV is a virus
- Infected/ infectious for life
- Virus attacks the immune system and destroys it
- May be no obvious symptoms and they may look and feel well



HIV

Human Immunodeficiency Virus

How do you get it??

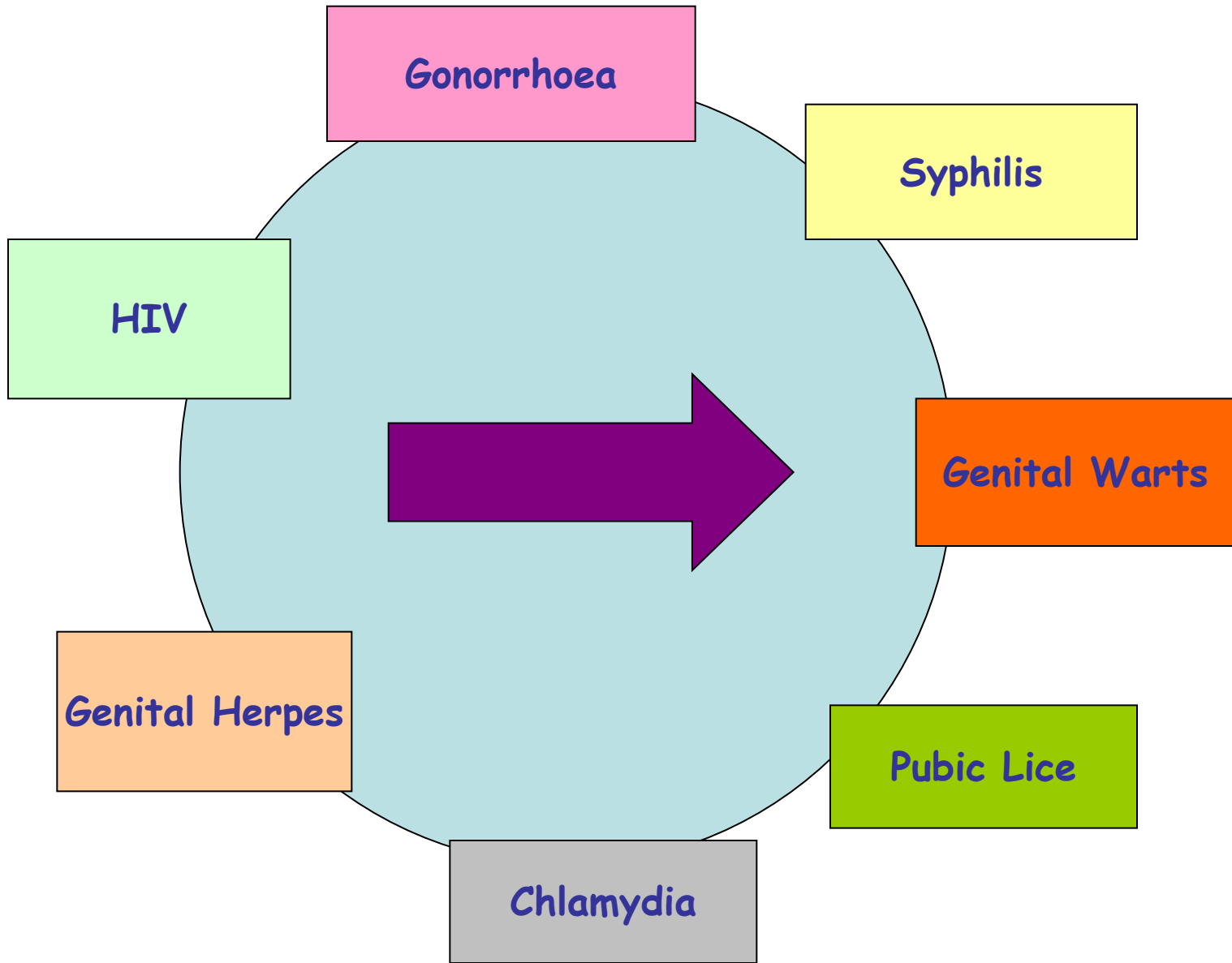
- having unprotected vaginal, anal or oral sex
(still present in pre-ejaculatory fluid/precum)
- sharing sex toys
- using a infected/dirty needle or syringe
- infected blood to blood
- infected mother to baby in pregnancy or Breast milk

Having another STI increases the risk of getting HIV or passing HIV on if you already have it

Protection?

- **Condoms** are the only form of contraception that can help protect a person from HIV.
- **Not 100% effective**
- **If you think you are at risk you can take tablets up to 72hrs after event which may stop you being infected.**

Available at A&E's in hospital



Pubic Lice

- Symptoms?

Itchiness

Irritation

Black specks on skin

- How do people get it?

Sexual activity

Close physical activity

- Complications/ problems?

Discomfort and itching

Continued irritation

Can spread through bedding and clothes

- Treatment?

Special creams/ lotion/ shampoo



How can I protect myself?

- **A**bstain
- **B**e faithful
- **C**ondoms
- **D**elay/ Know who you're with



**Did you know you can have a
sexual health check-up
WITHOUT
needing an intimate
examination?**

Where can I go to get help?

- Bangor Hospital Sexual Health Clinic

(beside Ward Park & Bangor Academy)

MONDAY : 9:30 am – 12 noon

Phone Number: 028 44 8133

- Bangor GPs

Other Local Sexual Health Clinics:

Downe Hospital, Downpatrick:

Mon 8:50am – 11:20am

Wed 8:50am – 11:20am

3:00pm – 6:00pm

Fri 8:30am – 11:20am

Lisburn Health Centre (Ground floor):

Thurs 8:50am – 11:20am



Youth Health Advice Service

MediLink

Free and Confidential

Every Tuesday

@ The Link, Newtownards

3.15pm – 5.15pm

Contact:

**Gordon Crozier, Senior Youth Worker
(028) 9180 1834**

Gillian McCullough, Youth Health Advice Nurse

Tel: 07525 898 726

Email: gillian.mccullough@setrust.hscni.net

Youth Health Advice Clinics

- **Monday**: 3-5pm @Totally You,
Lisburn YMCA
- **Tuesday**: 3.15- 5.15pm @The Link,
Newtownards
- **Wednesday**: 3.15- 5.15pm @CHAT,
Bangor YMCA
- **Thursday**: 8-10pm @ KAIROS Centre,
Newcastle