



# Kids' Life and Times Survey 2025 Questionnaire

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## Topics Included

[Background](#)

[Family Affluence Scale](#)

[School and Bullying](#)

[Wellbeing](#)

[Respect](#)

[Environment](#)

## Kids' Life and Times 2025

Hello and welcome to the Kids' Life and Times survey!

Some university teachers are carrying out a survey on what children think about school and whether they feel healthy and happy in their lives. There are no right or wrong answers to the survey questions - just give your opinions! **We don't need your name so no-one will know who you are.**

If you are happy to do the survey, then please click 'Yes' below.

If you don't want to do the survey that's OK, click 'No' below.

Thank you for agreeing to take part in the survey. First there are a few questions about you and then we ask the opinion questions. Ask for help from your teacher if you do not understand a question. You can skip any question you do not want to answer.

**Please enter your school ID (your teacher will give you this).**

**So your school must be:**

**Name and address of the school appears and the child confirms that it is their school**

## Kids' Life and Times (KLT) 2025

First, some questions about you

1. Which one of the following describes you best? (Please tick one answer only) **RSEX**

Boy	1
Girl	2
Neither	3
I don't want to say	4

2. How would you describe the place where you live? (Please tick one answer only)

**PLACELIV**

A city or town	1
A village or in the country	2
I'm not sure	3

3. Do you have a long-term disability, illness or medical condition? (Please tick one answer only) **LONGILL**

Yes	1	Go to question 4
No	2	Skip to question 5
I'm not sure	3	Skip to question 5

4. What long-term disability, illness or medical condition do you have? (Please tick all that apply) **LONGILL1**

Physical disability (e.g. walking or getting around)	1
Intellectual disability (e.g. finding it hard to understand things or remember things)	1
Sensory disability (e.g. hearing, seeing or both)	1
Autism	1
Communication (e.g. talking to others, stammering)	1
Specific learning difficulty (e.g. dyslexia)	1
Mental health condition (e.g. anxiety or depression)	1
Other long-term condition (e.g. asthma, diabetes, chronic fatigue)	1
I'm not sure	1

5. Do you have your own bedroom for yourself in the home where you normally live? (Please tick one answer only) **OWNROOM**

No	1
Yes	2

6. How many bathrooms (room with a bath/shower or both) are there in the home where you normally live? (Please tick one answer only) **NUMBATH**

None	1
One	2

Two	3
More than two	4

**7. Does your family own a car, van or truck? (Please tick one answer only) FAMCAR**

No	1	Go to question 8
Yes, one	2	Go to question 8
Yes, two or more	3	Go to question 8
I don't live with a family	4	Skip to question 11

**8. How many computers (including laptops and tablets, not including game consoles and smartphones) does your family own? (Please tick one answer only) NUMCOMP**

None	1
One	2
Two	3
More than two	4

**9. How many times did you and your family travel out of Northern Ireland or Ireland for a holiday last year? (Please tick one answer only) ABROAD**

Not at all	1
Once	2
Twice	3
More than twice	4

**10. Does your family have a dishwasher at home? (Please tick one answer only)**

**FAMDISH**

No	1
Yes	2

**The next questions are about school**

**11. Looking back over the time that you were at this school, would you say you were mostly happy at this school or mostly unhappy? (Please tick one answer only) HAPPYSCH**

Mostly happy	1
Mostly unhappy	2
I can't decide	3

**12. Have you personally ever been bullied in school? (Please tick one answer only)**

**BULLEVER**

Yes	1	Go to question 13
No	2	Skip to question 14
I don't know	3	Skip to question 14

**13. What form(s) did this bullying take? (Please tick all that apply) BULLFMEV**

Being teased or called hurtful names BULLFMEV1	1
Being left out of things on purpose BULLFMEV2	1
Being hit, kicked, punched, slapped or physically hurt in any other way BULLFMEV3	1
Having my money or possessions taken from me BULLFMEV4	1
Having lies/rumours or gossip spread about me BULLFMEV5	1
Cyber bullying - bullying using mobile phone, tablets, online games, social media etc. BULLFMEV6	1

Now some questions about how you are feeling in your day-to-day life

**14. In general, how would you describe your mental health and wellbeing? (Please tick one answer only) MHCWELLB**

Excellent	1
Very good	2
Good	3
Fair	4
Poor	5

**15. Read the statements below and choose the answer which best describes how you have been feeling over the last two weeks. (Please tick one answer in each line only)**

	All of the time	Most of the time	A lot of the time	Some of the time	A little of the time	None of the time
I have felt cheerful and in good spirits MHCWHO1	5	4	3	2	1	0
I have felt calm and relaxed MHCWHO2	5	4	3	2	1	0
I have felt active and vigorous (full of energy) MHCWHO3	5	4	3	2	1	0
I woke up feeling fresh and rested MHCWHO4	5	4	3	2	1	0
My daily life has been filled with things that interest me MHCWHO5	5	4	3	2	1	0

**16. Read the sentence below carefully. Then think about how you are in most situations and select the answer that best describes you. There are no right or wrong answers (Please tick one answer only)**

	None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
I think I am doing pretty well <b>MHCSYND1</b>	1	2	3	4	5	6
I can think of many ways to get the things in life that are important to me <b>MHCSYND2</b>	1	2	3	4	5	6
I am doing just as well as other kids my age <b>MHCSYND3</b>	1	2	3	4	5	6
When I have a problem, I can come up with lots of ways to solve it <b>MHCSYND4</b>	1	2	3	4	5	6
I think the things I have done in the past will help me in the future <b>MHCSYND5</b>	1	2	3	4	5	6
Even when others want to quit, I know that I can find ways to solve the problem <b>MHCSYND6</b>	1	2	3	4	5	6

**17. Do you have at least one parent/carers with whom you feel safe? (Please tick one answer only) **MHCBEN1****

Yes	1
No	0

**18. Do you have at least one good friend? (Please tick one answer only) **MHCBEN2****

Yes	1
No	0

**19. Do you have any beliefs that give you comfort? (Please tick one answer only) **MHCBEN3****

Yes	1
No	0

**20. Do you like school? (Please tick one answer only) **MHCBEN4****

Yes	1
No	0

21. Do you have at least one teacher who cares about you? (Please tick one answer only)

**MHCBEN5**

Yes	1
No	0

22. Do you have good neighbours? (Please tick one answer only) **MHCBEN6**

Yes	1
No	0

23. Is there an adult (not a parent or carer) who could offer you support or advice? (Please tick one answer only) **MHCBEN7**

Yes	1
No	0

24. Do you have opportunities to have a good time? (Please tick one answer only) **MHCBEN8**

Yes	1
No	0

25. Do you like yourself and feel comfortable with yourself? (Please tick one answer only) **MHCBEN9**

Yes	1
No	0

26. Do you have a predictable routine at home, like regular meals and regular bedtime? (Please tick one answer only) **MHCBEN10**

Yes	1
No	0

27. Northern Ireland has a Mental Health Champion and part of her job is to help improve the wellbeing of children and young people. Which one of the following do you think the Mental Health Champion should focus on? (Please tick one answer only)

**MHCFOCI**

Making sure that children learn about mental health and wellbeing in school.	1
Making sure that schools teach children about building healthy friendships and relationships.	2
Making sure that children can get help and support from mental health services if they need it.	3
Looking at the effect of social media and the online environment on children's mental health and wellbeing.	4
Improving access to free activities/spaces in the local community	5
Something else (please type in)	6





The next few questions are about your experiences of respect and disrespect.

**28. How much do you agree or disagree with the following statements? (Please tick one answer on each line only) Respect means...**

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know
Treating people with kindness. <b>RESP1</b>	1	2	3	4	5	6
Going along with what people say and do even if you don't think they are right. <b>RESP2</b>	1	2	3	4	5	6
Taking care of yourself. <b>RESP3</b>	1	2	3	4	5	6
Sticking up for your friends. <b>RESP4</b>	1	2	3	4	5	6
Thinking before acting. <b>RESP5</b>	1	2	3	4	5	6
Listening to other people's ideas. <b>RESP6</b>	1	2	3	4	5	6
Everyone is entitled to respect no matter what they say or do. <b>RESP7</b>	1	2	3	4	5	6

**29. In general, how often do you think children feel respected or disrespected in the following places? (Please tick one answer on each line only)**

	Always respected	Mostly respected	Mostly disrespected	Always disrespected	Don't know
At home. <b>REDIS1</b>	1	2	3	4	5
In school. <b>REDIS2</b>	1	2	3	4	5
In shops. <b>REDIS3</b>	1	2	3	4	5
At the doctor or in hospital. <b>REDIS4</b>	1	2	3	4	5
At sports clubs or playing fields. <b>REDIS5</b>	1	2	3	4	5
In youth clubs/youth centres. <b>REDIS6</b>	1	2	3	4	5
When using public transport, e.g. in a bus or train or when waiting for a bus or train. <b>REDIS7</b>	1	2	3	4	5
In their neighbourhood. <b>REDIS8</b>	1	2	3	4	5

In public places, such as parks, leisure centres, or town/city centres. <b>REDIS9</b>	1	2	3	4	5
Online. <b>REDIS10</b>	1	2	3	4	5

**30. How does it make you feel when other people respect you? (Please click all that apply) **RESPFEEL****

Happy	1
Accepted	1
Included	1
Being taken seriously	1
Loved	1
Calm	1
Confident	1
Cared for	1
Something else (please type in)	1
I don't really care	1
I don't really feel people respect me	1

**31. And how does it make you feel when other people do not respect you? (Please click all that apply) **DISRFEEL****

Sad	1
Annoyed	1
Scared	1
Hurt	1
Excluded	1
Not being taken seriously	1
Something else (please type in)	1
I don't really care	1
I have never felt that people do not respect me	1

**32. How much do you agree or disagree with the following statements about respecting other people? (Please click one answer each line)**

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know
If you treat other people with respect, they are more likely to treat you with respect too. <b>RESPOTP1</b>	1	2	3	4	5	6
Children/young people should respect older people because they are older than them. <b>RESPOTP2</b>	1	2	3	4	5	6

You should treat people with respect even if you think they don't deserve it. <b>RESPOTP 3</b>	1	2	3	4	5	6
Not doing what you are told to do is disrespectful. <b>RESPOTP4</b>	1	2	3	4	5	6
Going along with someone is not the same as respecting them. <b>RESPOTP5</b>	1	2	3	4	5	6
You feel better about yourself if you treat other people with respect. <b>RESPOTP6</b>	1	2	3	4	5	6
Children are less respected because of their age. <b>RESPOTP7</b>	1	2	3	4	5	6

33. Is there anything else you would like to say about respect? **RESPELSE**

The next few questions are about the environment.

34. What would you like Northern Ireland's environment to look like in the future? Type the first three words that come to mind. **ENVVIS**

35. The government in Northern Ireland has a Plan for improving the environment. Below are 6 ways they want to make the environment better. We would like to know how important or unimportant you think each of these is? (Please click on one answer on each line)

	Very important	Important	Neither important nor unimportant	Not very important	Not at all important	Don't know
Cleaner air, water and land <b>ENVGOAL1</b>	1	2	3	4	5	6
Healthy outdoor spaces that everyone can visit and enjoy <b>ENVGOAL2</b>	1	2	3	4	5	6
Thriving nature and wildlife <b>ENVGOAL3</b>	1	2	3	4	5	6

Making sure the land and the sea are not harmed when our food is produced <b>ENVGOAL4</b>	1	2	3	4	5	6
Reducing waste and recycling <b>ENVGOAL5</b>	1	2	3	4	5	6
Tackling climate change <b>ENVGOAL6</b>	1	2	3	4	5	6

Large predators, like lynx (a wild cat about the size of a labrador dog) and wolves (a large wild dog), can be an important part of the environment. They mostly hunt deer, but they can eat farm animals. Lynx are not dangerous to people but wolves can be dangerous sometimes.

36. When you think of a lynx, which of the following come to mind? (Please click all that apply) **ENVLYNX**

Good	1
Bad	1
Beautiful	1
Scary	1
Solitary	1
Social	1
Lives near people	1
Lives away from people	1
Rare	1
Common	1
I don't know	1

37. When you think of a wolf, which of the following come to mind? **ENVWOLF**

Good	1
Bad	1
Beautiful	1
Scary	1
Solitary	1
Social	1
Lives near people	1
Lives away from people	1
Rare	1
Common	1
I don't know	1

A long time ago lynx and wolves lived in the United Kingdom and the Republic of Ireland. They still live in other countries but neither of these animals live here now. Some people think that it would help the environment if lynx and wolves were brought from other countries back to parts of the United Kingdom and the Republic of Ireland.

38.How much do you agree or disagree that lynx should be brought from other countries to live in the United Kingdom and the Republic of Ireland again? (Please click one answer only) **ENVLYNRE**

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
I don't know	6

39.How much do you agree or disagree that wolves should be brought from other countries to live in the United Kingdom and the Republic of Ireland again? (Please click one answer only) **ENVWOLRE**

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
I don't know	6

40.Do you or anyone in your family keep livestock (sheep, cattle, goats, horses, pigs, hens, etc.) of any sort? **ENVLIVES**

Yes	1
No	2
Don't know	3

You are nearly at the end, just one more question to go!

41.Every year, the Oxford University Press asks children to choose their 'word of the year'. Which word would you choose as your 'word of the year' for 2024? **SUGG2025**