### Kids' Life and Times (KLT) 2017

### First, some questions about you

| Q | 1. | Are | you | α | boy | or | α | girla | Ç |
|---|----|-----|-----|---|-----|----|---|-------|---|
| _ |    |     | ,   |   | ,   |    |   | -,    |   |

**RSEX** 

| Boy  | 1 |
|------|---|
| Girl | 2 |

Q2. In which country were you born? KIDBORN

| Q=: = 11 1/11/11   1/2/2   1/2 |   |
|--|---|
| Northern Ireland   | 1 |
| England  | 2 |
| Scotland   | 3 |
| Wales  | 4 |
| Republic of Ireland  | 5 |
| Somewhere else (Please type in)  | 6 |
| I don't know   | 7 |

Q3. Do you have a long-term disability, illness or medical condition? LONGILL

| Yes, (Please type in which one) | 1 |
|---------------------------------|---|
| No                              | 2 |
| I'm not sure                    | 3 |

Q4. Which of your parents do you live with? LIVEWITH

| My mum and dad in the same house                            | 1 |
|---|---|
| My mum for all or most of the time                          | 2 |
| My dad for all or most of the time                          | 3 |
| My mum for half of the time and my dad for half of the time | 4 |
| Somebody else (Please type in who)                          | 5 |

## The following questions are about school and bullying.

Q5. Looking back over the time that you were at this school, would you say you were mostly happy at this school or mostly unhappy? HAPPYSCH (SCHOOL)

| Mostly happy   | 1 |
|----------------|---|
| Mostly unhappy | 2 |
| I can't decide | 3 |

The next questions are about your experiences of bullying. They are mostly about bullying that happens in school. Bullying is when someone is nasty to another person on purpose over a period of time. Bullying includes such things as teasing, name calling, leaving someone out on purpose, hitting someone, spreading lies or saying nasty things about someone. Bullying can take place face-to-face, or it can happen on the Internet or by mobile phone.

### Q6. In the last 3 months have you personally been bullied?

**BULL3MTH** 

|              |   | <u> </u>  |
|--------------|---|-----------|
| Yes          | 1 | Go to Q7  |
| No           | 2 | Go to Q14 |
| I don't know | 3 | Go to Q14 |

Q7. Over the last 3 months how often and where did this bullying happen to you?

|                                    | Everyday | A few   | A few   | Less  | Never |
|------------------------------------|----------|---------|---------|-------|-------|
|                                    |          | times a | times a | often |       |
|                                    |          | week    | month   |       |       |
| In the classroom BULLCRM           | 1        | 2       | 3       | 4     | 5     |
| In school but not in the classroom | 1        | 2       | 3       | 4     | 5     |
| BULLSCH                            |          |         |         |       |       |
| Travelling to and from school      | 1        | 2       | 3       | 4     | 5     |
| BULLTRAV                           |          |         |         |       |       |
| Somewhere else BULLELSE            | 1        | 2       | 3       | 4     | 5     |

# Q8. In the last 3 months what form(s) did this bullying take? (Click all that apply) BULLFORM

| Being teased or called hurtful names   | 1 |
|--|---|
| Being left out of things on purpose  | 1 |
| Being hit, kicked, punched, slapped or physically hurt in any other way                | 1 |
| Having my money or possessions taken from me   | 1 |
| Having lies/rumours or gossip spread about me  | 1 |
| Cyber bullying - bullying using mobile phone, tablets, online games, social media etc. | 1 |

### Q9. Were the people/person who bullied you ... (Click all that apply) BULLWHO

| In your class at school                                 | 1 |
|---|---|
| In another P7 class                                     | 1 |
| Younger pupils at your school                           | 1 |
| Children or young people not connected with your school | 1 |

## Q10. Who were you bullied by? BULLGEND

| One boy                                       | 1 |
|---|---|
| More than one boy                             | 2 |
| One girl                                      | 3 |
| More than one girl                            | 4 |
| Both boys and girls together at the same time | 5 |
| Boys and girls together at different times    | 6 |

Q11. Did you speak to anyone about the bullying when it was happening to you? BULLSPK

| Yes | 1 | Go to Q12   |
|-----|---|-------------|
| No  | 2 | Skip to Q14 |

Q12. Who did you speak to about it? (Click on all that apply) BULLTELL

| I told a teacher                                  | 1 |
|---|---|
| I told another adult in school                    | 1 |
| I told someone in my family                       | 1 |
| I told a friend                                   | 1 |
| I told someone else (Please type in who you told) | 1 |
|   |   |

Q13. Did anything happen after you told someone about the bullying that was happening to you? BULLHAPP

| 1 |
|---|
| 2 |
|   |
| 3 |
|   |
| 4 |
|   |
| 5 |
|   |

#### ALL CHILDREN

Q14. Does your school have an Anti-bullying policy? BULLPOL

| Yes          | 1 | Go to Q15   |
|--------------|---|-------------|
| No           | 2 | Skip to Q16 |
| I don't know | 3 | Skip to Q16 |

Q15. Were you or any of the children in your school involved when your school's Anti-bullying policy was being written? BULLPOLW

| Yes          | 1 |
|--------------|---|
| No           | 2 |
| I don't know | 3 |

Q16. How much do you agree or disagree with the following statements?

|   | Strongly<br>Agree | Agree | Neither<br>agree<br>nor | Disagree | Strongly<br>Disagree | I don't<br>know |
|---|-------------------|-------|-------------------------|----------|----------------------|-----------------|
|   |                   |       | disagree                |          |                      |                 |
| My school treats bullying seriously and works to stop it BULLSTOP       | 1                 | 2     | 3                       | 4        | 5                    | 6               |
| My school has explained to me what it considers bullying to be BULLWHAT | 1                 | 2     | 3                       | 4        | 5                    | 6               |

| My school has explained what I should do if I am being bullied BULLDO  | 1 | 2 | 3 | 4 | 5 | 6 |
|--|---|---|---|---|---|---|
| I am confident my school would help me if I was being bullied BULLCONF |   | 2 | 3 | 4 | 5 | 6 |

Q17. In the last 3 months have you been involved in bullying anyone, either on your own or with others? UBULOTH

| Yes, a lot     | 1 | Go to Q18 |
|----------------|---|-----------|
| Yes, a little  | 2 | Go to Q18 |
| No, not at all | 3 | Go to Q19 |

Q18. What sort of bullying behaviour were you involved in? (Click on all that apply) UBULLTYP

| Teasing someone or calling them hurtful names   | 1 |
|---|---|
| Leaving someone out of something on purpose   | 1 |
| Hitting, kicking, punching, slapping or physically hurting someone                      | 1 |
| Taking money or possessions from someone  | 1 |
| Spreading lies, rumours or gossip about someone   | 1 |
| Cyber bullying - bullying using mobile phones, tablets, online games, social media etc. | 1 |

#### ALL CHILDREN

Q19. And finally, why do you think some children get bullied? BULLCOMM

#### Now some questions about your health

Q20. In general, how would you say your health is? KY10PHYS

| Excellent | 1 |
|-----------|---|
| Very good | 2 |
| Good      | 3 |
| Fair      | 4 |
| Poor      | 5 |

#### And thinking about the last week...

Q21. Have you felt fit and well? KY10IN01

| Not at all | Slightly | Moderately | Very | Extremely |
|------------|----------|------------|------|-----------|
| 1          | 2        | 3          | 4    | 5         |

Q22. Have you felt full of energy? KY10IN02

| <u> </u> |        |             |            |        |
|----------|--------|-------------|------------|--------|
| Never    | Seldom | Quite often | Very often | Always |
| 1        | 2      | 3           | 4          | 5      |

Q23. Have you felt sad? KY10IN03

| Never                        | Seldom                  | Quite often         | Very often          | Always      |
|------------------------------|-------------------------|---------------------|---------------------|-------------|
| 1                            | 2                       | 3                   | 4                   | 5           |
| )24. Have you fe             | elt lonely? KY10]       | ·NO4                |                     |             |
| Never                        | Seldom                  | Quite often         | Very often          | Always      |
| 1                            | 2                       | 3                   | 4                   | 5           |
| 25. Have you ha              | d enough time for       |                     | <b>N</b> 06         | -           |
| Never                        | Seldom                  | Quite often         | Very often          | Always      |
| 1                            | 2                       | 3                   | 4                   | 5           |
| our free time?<br>Never<br>1 | KY10IN07<br>Seldom<br>2 | Quite often<br>3    | Very often<br>4     | Always<br>5 |
|                              |                         | n(s) treated you fa | · ·                 |             |
| Never                        | Seldom                  | Quite often         | Very often          | Always      |
| 1                            | 2                       | 3                   | 4                   | 5           |
| Q28. Have you ho             | ad fun with your fr     | iends? KY10IN0!     | 5                   |             |
| Never                        | Seldom                  | Quite often         | Very often          | Always      |
| 1                            | 2                       | 3                   | 4                   | 5           |
| Q29. Have you go             | t on well at school?    | KY10IN09            |                     |             |
| Not at all                   | Slightly                | Moderately          | Very                | Extremely   |
| 1                            | 2                       | 3                   | 4                   | 5           |
|                              |                         | ention? KY10IN010   |                     |             |
| Never                        | Seldom                  | Quite often         | Very often          | Always      |
|                              |                         |                     | i a                 |             |
| 1                            | 2                       | 3                   | 4                   | 5           |
| 1                            | l                       |                     | s your friends? KYF |             |
| 1                            | l                       |                     | L                   |             |

# The next few questions are about how you feel about doing classes or projects or sharing facilities with pupils from other schools

Q32. Sometimes primary schools get together with other schools. Pupils might go to another school to use computers or swimming pool, or to do classes or projects with the pupils from the other school. Tell us if you have done any of the following things with pupils from other schools... (Please click on all the things you have done) SEDONE

| I have had classes with pupils from other schools     | 1 |  |
|---|---|--|
| I have done projects with pupils from other schools   | 1 |  |
| I have used or shared sports facilities or equipment, | 1 |  |

| like computers with pupils from other schools?                     |   |             |
|--|---|-------------|
| Maybe you have done something else with pupils from other schools? | 1 |             |
| If you have please type below what you did with them.              |   |             |
| I have not done anything like this                                 | 1 | Skip to Q35 |

## Q33. Were the pupils from the other schools a different religion to you? SERELBG

| All of them were a different religion to me  | 1 |
|--|---|
| Some of them were a different religion to me | 2 |
| None of them were a different religion to me | 3 |
| I don't know                                 | 4 |

Q34. How did you feel about sharing with other schools? Please click one option on each line to show how much you agree or disagree with each statement.

| TO SHOW HOW HILLEN YOU AGI EE O | <u>. a.oug. oo</u> |       |          |          |          | 1     |      |
|---------------------------------|--------------------|-------|----------|----------|----------|-------|------|
| SEENPROJ                        | Strongly           | Agree | Neither  | Disagree | Strongly | I     | I    |
| SEENCLSS                        | agree              |       | agree    |          | disagree | don't | have |
| SEENEQIP                        |                    |       | nor      |          |          | know  | not  |
|                                 |                    |       | disagree |          |          |       | done |
|                                 |                    |       |          |          |          |       | this |
| I enjoyed doing projects        | 1                  | 2     | 3        | 4        | 5        | 6     | 7    |
| with other schools              |                    |       |          |          |          |       |      |
| I enjoyed having classes        | 1                  | 2     | 3        | 4        | 5        | 6     | 7    |
| with other schools              |                    |       |          |          |          |       |      |
| I enjoyed sharing equipment     | 1                  | 2     | 3        | 4        | 5        | 6     | 7    |
| and facilities with other       |                    |       |          |          |          |       |      |
| schools                         |                    |       |          |          |          |       |      |

#### ALL CHILDREN

Q35. Here are some things that you might like or dislike about children from different schools getting together to share classes or facilities or to do projects. Please click one option on each line to show how much you would like or not like each one.

|  | I would<br>like a lot | I would<br>like a<br>little | I would<br>not like<br>very much | I would<br>not like at<br>all | I don't<br>know |
|--|-----------------------|-----------------------------|----------------------------------|-------------------------------|-----------------|
| Being taught by different teachers SELIK1  | 1                     | 2                           | 3                                | 4                             | 5               |
| Travelling to a different school SELIK2  | 1                     | 2                           | 3                                | 4                             | 5               |
| Doing classes we don't normally get to do at our school SELIK3                               | 1                     | 2                           | 3                                | 4                             | 5               |
| Learning new things with pupils from another school SELIK9                                   | 1                     | 2                           | 3                                | 4                             | 5               |
| Making new friends SELIK5  | 1                     | 2                           | 3                                | 4                             | 5               |
| Being with children who are a different religion to me SELIK6                                | 1                     | 2                           | 3                                | 4                             | 5               |
| Being with children who have a<br>different skin colour or who<br>speak a different language | 1                     | 2                           | 3                                | 4                             | 5               |

| than me SELIK7                |   |   |   |   |   |
|-------------------------------|---|---|---|---|---|
| Being with children who are   | 1 | 2 | 3 | 4 | 5 |
| richer or poorer than me      |   |   |   |   |   |
| SELIK8                        |   |   |   |   |   |
| Doing projects together       | 1 | 2 | 3 | 4 | 5 |
| SELIK10                       |   |   |   |   |   |
| Sharing classes SELIK11       | 1 | 2 | 3 | 4 | 5 |
| Sharing sports facilities and | 1 | 2 | 3 | 4 | 5 |
| computers or equipment        |   |   |   |   |   |
| SELIK4                        |   |   |   |   |   |

Q36. Suppose a group of children from another school were coming to do a project with your class. Would you mind if they were from these kinds of schools? Please click one option on each line.

|   | I would<br>mind a lot | I would<br>mind a | I would<br>not mind | I don't<br>know |
|---|-----------------------|-------------------|---------------------|-----------------|
|   |                       | little            | at all              |                 |
| A primary school near this school SHPRIM    | 1                     | 2                 | 3                   | 4               |
| A school for children with special needs or | 1                     | 2                 | 3                   | 4               |
| disabilities SHSNEEDS                       |                       |                   |                     |                 |
| A secondary school for older children       | 1                     | 2                 | 3                   | 4               |
| SHSEC                                       |                       |                   |                     |                 |
| A school where most of the children are a   | 1                     | 2                 | 3                   | 4               |
| different religion to you SHDIFREL          |                       |                   |                     |                 |
| A school where most of the children have a  | 1                     | 2                 | 3                   | 4               |
| different skin colour or speak a different  |                       |                   |                     |                 |
| language than you SHDIFMEC                  |                       |                   |                     |                 |

# Q37. How do you feel about sharing classes, projects or equipment with other schools? SEFEEL

| Very favourable                     | 1 |             |
|-------------------------------------|---|-------------|
| Favourable                          | 2 |             |
| Neither favourable nor unfavourable | 3 |             |
| Unfavourable                        | 4 |             |
| Very unfavourable                   | 5 |             |
| I don't know                        | 6 | Skip to Q39 |

Q38. Why are you in favour of or not in favour of sharing with other schools? (please type below) SECOMM

Q39. A shared campus school could be two or more schools with pupils from Catholic and Protestant backgrounds either sharing facilities in each other's schools or sharing a single school building. If your school was part of a single building shared campus do you think there should be... (Click on all that apply)

| SECFAC                          |   |
|---------------------------------|---|
| One main school entrance?       | 1 |
| Shared sports hall/dining room? | 1 |

| Sharing the same bus to/from school? | 1 |
|--------------------------------------|---|
| One school uniform?                  | 1 |

Q40. If you were in a shared campus school do you think you would... SHLIKE

| Like it a lot      | 1 |             |
|--------------------|---|-------------|
| Like it a little   | 2 |             |
| Not like it at all | 3 |             |
| I don't know       | 4 | Skip to Q42 |

| Q41. | What d | o you thin | k you would | like or | dislike about | a shared | campus? | SECCOMM |
|------|--------|------------|-------------|---------|---------------|----------|---------|---------|
|      |        |            |             |         |               |          |         |         |

42. In <u>your school</u> you might have lessons and discussions about the different groups of people living in our society and about treating people fairly and with respect. As a result of being involved in any of these activities in <u>your school</u> do you think your attitude towards any of the following groups has changed or has stayed the same? (*Please click one answer in each row*)

|  | I am more<br>positive towards<br>them | My attitude<br>to them has<br>not changed | I am more<br>negative<br>towards<br>them | I have not had<br>any lessons or<br>discussions about<br>this topic |
|--|---------------------------------------|---|--|---|
| People with different religious beliefs CREDREL                                      | 1                                     | 2   | 3  | 4   |
| People who have a different skin colour or speak a different language to you CREDMEC | 1                                     | 2   | 3  | 4   |
| People of different ages (older and younger people/children) CREDAGE                 | 1                                     | 2   | 3  | 4   |
| Girls and boys CREDGEND  | 1                                     | 2   | 3  | 4   |
| People with a disability and those without a disability CREDDIS                      | 1                                     | 2   | 3  | 4   |
| People with different political opinions CREDPOL                                     | 1                                     | 2   | 3  | 4   |

Q43. Read the statement below and decide if you think it describes you or not. If you think it describes you click on **This is like me**. If you think it does not describe you click on **This is unlike me** USET 1 - 8 (Self\_Esteem)

|   | This is like me | This is unlike me |
|---|-----------------|-------------------|
| I am easy to like                                 | 1               | 2                 |
| I am a lot of fun to be with                      | 1               | 2                 |
| I am popular with children my own age             | 1               | 2                 |
| I would rather play with children younger than me | 1               | 2                 |
| Children usually follow my ideas                  | 1               | 2                 |
| I do not like to be with other people             | 1               | 2                 |
| Children pick on me very often                    | 1               | 2                 |
| Most people are better liked than I am            | 1               | 2                 |

The next questions are about lifestyles and healthy living. We want to find out what you know about how our lifestyles can affect our health. The questions were written by these children.



HEALT1 - 10 (Health)

# Q44. How unhealthy might it make someone if they drink too much alcohol (e.g. wine, beer etc.)?

| A lot | Quite a lot | A little | Not at all | I don't know |
|-------|-------------|----------|------------|--------------|
| 1     | 2           | 3        | 4          | 5            |

# Q45. How unhealthy might it make someone if they have too many sugary things (like sweets or fizzy drinks)?

| A lot | Quite a lot | A little | Not at all | I don't know |
|-------|-------------|----------|------------|--------------|
| 1     | 2           | 3        | 4          | 5            |

#### Q46. How unhealthy might it make someone if they are overweight?

| <u>~</u> | to the term and the first the management of the first terms and the second of the seco |          |            |              |  |  |
|----------|--|----------|------------|--------------|--|--|
| A lot    | Quite a lot  | A little | Not at all | I don't know |  |  |
| 1        | 2  | 3        | 4          | 5            |  |  |

#### Q47. How unhealthy might it make someone if they smoke?

| •     |             | ,        |            |              |
|-------|-------------|----------|------------|--------------|
| A lot | Quite a lot | A little | Not at all | I don't know |
| 1     | 2           | 3        | 4          | 5            |

#### Q48. How unhealthy might it make someone if they use a mobile phone?

| •     |             |          |            |              |
|-------|-------------|----------|------------|--------------|
| A lot | Quite a lot | A little | Not at all | I don't know |
| 1     | 2           | 3        | 4          | 5            |

Q49. How unhealthy might it make someone if they eat processed meat (e.g. sausages, bacon, salami etc.) too often?

| A lot | Quite a lot | A little | Not at all | I don't know |
|-------|-------------|----------|------------|--------------|
| 1     | 2           | 3        | 4          | 5            |

## Q50. How unhealthy might it make someone if they feel stressed or worried a lot of the time?

| A lot | Quite a lot | A little | Not at all | I don't know |
|-------|-------------|----------|------------|--------------|
| 1     | 2           | 3        | 4          | 5            |

# Q51. How unhealthy might it make someone if they eat too many fatty foods (e.g. chips, fast food)?

| · · · · /· | <b>/</b> -  |          |            |              |  |
|------------|-------------|----------|------------|--------------|--|
| A lot      | Quite a lot | A little | Not at all | I don't know |  |
| 1          | 2           | 3        | 4          | 5            |  |

# Q52. How unhealthy might it make someone if they go out on sunny days without putting on sun cream?

| A lot | Quite a lot | A little | Not at all | I don't know |
|-------|-------------|----------|------------|--------------|
| 1     | 2           | 3        | 4          | 5            |

# Q53. How unhealthy might it make someone if they do not eat enough fruit and vegetables a day?

| A lot | Quite a lot | A little | Not at all | I don't know |
|-------|-------------|----------|------------|--------------|
| 1     | 2           | 3        | 4          | 5            |

## Q54. How unhealthy might it make someone if they do not do exercise (or keep fit) enough?

| ,     | <u> </u>    | · · · · · · · · · · · · · · · · · · · | <u> </u>   | <u> </u>     |
|-------|-------------|---------------------------------------|------------|--------------|
| A lot | Quite a lot | A little                              | Not at all | I don't know |
| 1     | 2           | 3                                     | 4          | 5            |

Q55. What sort of health problems do you think people might have if they have an unhealthy lifestyle? Please type in your answer below. HEALCOMM

Q56. Do you think children your age learn enough in school about how to be healthy? HEALAGE

| 1 |
|---|
| 2 |
| 3 |
| 4 |
|   |

The next (and last!) question asks for your suggestions for next year's KLT. Your suggestions are really important for our survey but they can also help your school and your teachers understand the things that are important to children of your age. So we will make a list of all the ideas we get and send them to your school but because we do not have your name they won't know who they came from.

Q57. Did we miss anything that was important to ask about? What questions do YOU think should be on the survey for next year's P7 children? Please type your suggestions in the box below. NEXT YEAR

I can't think of any other questions that should be on the survey