



## Sexual risks for young people

### Survey questionnaire

Together with researchers at Queen's University Belfast, Brook NI is currently developing an education resource and information campaign to help young people recognise and deal with sexual risks that they may face. To get a better understanding of the extent of these risks, we would like to ask you to fill in this very brief **anonymous survey**.

All information will be treated with strict confidentiality and will not be linked to the personal data held about you at Brook. No Brook staff will see your questionnaire. We would be grateful if you could complete this today during your clinic visit. Please place the completed questionnaire in the sealed box located at Reception. If you prefer, you can also complete the questionnaire in your own time and send it directly to the researcher in the envelope provided.

If you would like further information, you can contact the researcher leading this project directly:

**Dr Dirk Schubotz**, YLT Director, ARK, School of Sociology, Social Policy and Social Work, Queen's University, Belfast BT7 1NN. Email: d.schubotz@qub.ac.uk, ☎: 028 9097 3947.

### Many thanks for your help in advance!

This project will be completed in December 2013, and information about its outcome will be available from Brook NI and from ARK.

### The first few questions are about your background

1. Are you male or female?		2. What is your age?	
Male Female	1 2	☐ ☐ Years	
3. Would you describe the place we you live as  A big city The suburbs or outskirts of a big city A small city or town A country village Or, a farm or home in the country? Don't know	rhere  1 2 3 4 5 6	4. What do you currently do?  (Please tick ONE box only)  At school or college full time  Working full time  Working part time  At school or college and  working part time  On a training scheme  Unemployed  Other (Please write in)	1 2 3 3 4 5 6 6 7 7
5. Do you currently live with your pincluding adoptive parents?  Yes, with my mother and my father in	✓		amily
household		Not at all well off  1 Not very well off	2
Yes, with my mother, but not my father.  Yes, with my father, but not my mother.		☐ 2 Average ☐ 3 Well off	☐ 3 ☐ 4
Yes, with my mother for some of the	time,	_ Very well off	5
and with my father for some of th Other (Please say who you live with)	<del></del>	⊒ <sup>4</sup> Don't know <sub>5</sub>	6
The next questions are above.  7. Which of the following statements.	-	 xual relationships and experien st to you?	ces
I have felt sexually attracted:	• •	✓	
only to females and never to malesmore often to females and at least ofabout equally often to females andmore often to males and at least ononly to males and never to females	once to a male [males ce to a female [	1	
I have never felt sexually attracted to	anyone at all.	<u> </u>	
8. Have you ever had sex?		9. What age were you when you firs had sex?	it
Yes 1	ention 16		
No 🔲 2 Please go to qu	<i>estion</i> 16		

10. Which of the next statements ap Please tick O)		1.	
I have had sex:	THE BOX OTHY.)	$\checkmark$	
only with females and ne	ever with males	1	ľ
more often with females	and at least once	with a male	2
about equally often with			3
more often with males a			
only with males and nev	er with females	5	5
11. Which of the following statemen	nts is	12. Looking back on it, ho	w do you feel
closest to describing how that first	time of	about the first time you ha	ad sex?
having sex came about?			
(Please tick <b>ONE</b> box only.)	<b>√</b>	(Please tick <b>ONE</b> box only.)	<b>√</b>
It just happened on the spur of the mome		It happened too early	1
I expected it to happen soon, but I wasn't		It happened too late	2
when	∐ 2 □ a	It was about the right time	<u></u> 3
I expected it to happen that time	<u></u> 3 □	I didn't want it to happen at all	4
I planned it to happen that time	∐ 4 □ 5		
We planned it together beforehand I didn't really want to, but I felt I should	☐ 5 ☐ 6		
I was forced into having sex against my w			
I can't remember			
	<u>—</u>		
13. Which of the following things ap	plied to you at t	he time you first had sex?	
	•	ALL that apply)	
I was curious about what it would be like	9	1	
I got carried away by my feelings	a ha daina it		
Most people in my age group seemed to It seemed like a natural follow-on in the	=	1 	
I was a bit drunk at the time	Tolationomp		
I had taken some drugs at the time			l
I wanted to lose my virginity			' 
I was in love		 	' 
I didn't feel ready to have sex, but went	along with what th		
	along with what th	e other person wanted	
It happened against my wishes			
Something else (Please write in)		1	
14. Did you or the other person use	ea 15. l	Did you or the other person	use anv
condom when you first had sex?		er form of contraception on t	•
<b>√</b>		asion?	
Yes, I did.		ase tick <b>ALL</b> boxes that apply)	<b>✓</b>
Yes, the other person did 2	,	Pill	□ 1
No, neither of us did		Injection	
I can't remember		Made sure it was a safe period	· 1
Tour tremember		Withdrawal	 1
		Other method (Please write in)	 
	Γ	Carol meaned (Fredeo Wille My	·
	L	No precaution by me, don't know	
		about my partner	1
		No precautions by either of us	<u> </u>
		I can't remember	1

#### The next questions relate to grooming by adults (anyone aged 18 or older)

Grooming is when someone tries to build a relationship or gain the trust of a young person with the aim of getting them to take part in some kind of sexual activity, such as sending or viewing sexual images, sexual conversations or some kind of sexual touching. The relationship will usually appear friendly and harmless at first, because of the clever tricks used to gain the young person's trust but eventually the person will ask, or even pressure, the young person to take part in some kind of sexual activity.

16. Do you think any adult has ever tried to groot you? It does not matter whether or not anything anything and in the and	• • • • • • • • • • • • • • • • • • • •
sexual happened in the end.  (Please tick ONE box only)  Yes – once  Yes – 2 to 5 times  Yes – more than 5 times  No  I don't know  1 don't know  5 Go to questing the end.  1 don't know	
18. What age was the person who first tried to gr	oom 19. And was this person:
you? (Please tick ONE box only) About my age (not more than two years older than me)  3-4 years older than me  5-6 years older than me  7-10 years older than me  More than 10 year older than me  I didn't know the person's age	Male 1 Female 2 Don't know 3
20. How did this adult first make contact with yo (Please tick ONE	
Through a friend or sibling Through an adult relative At a house party At a pub/club Through a hobby/activity/organisation On the street (hanging around in town or in your local of Online - through a chat room, social networking site etc.) Other ( <i>Please write in</i> )	1 2 3 4 5 5 community etc) 6 5 7
21. Which of these statements describe what ha	ppened? Please tick ALL that apply) ✓
I stopped contact with the person before they suggeste The person asked me to do something sexual but I refu I exchanged sexual texts/email/conversations with the I I sent them sexual images of myself or received sexual I met them and we had face to face sexual contact (sexual touching, oral sex, intercourse etc) on one occa I met them and we had face to face sexual contact (sexual touching, oral sex, intercourse etc) on more tha We started a romantic relationship Other (Please write in)	d anything sexual used person images from them 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

# The last few questions are about other ways people (adults or other young people) may take advantage of someone sexually.

22. Has anyone ever given you alcohol, solvents or of sexually while you were under the influence of the (Please tick ONE box	is?
Yes - someone of a similar age to me	
Yes - someone 3-4 years older than me	2
Yes – someone 5-6 years older than me	<u> </u>
Yes - someone 7-10 years older than me	4
Yes - someone more than 10 years older than me	5
I think so - but I'm not sure what happened or who did it	6
No	7 Please go to question 24
Don't know	8 Please go to question 24
DOIT KNOW	o Flease go to question 24
23. What age were you when this first happened?	
Please write in Years	
24. Have you ever been offered any of the following any other kind of sexual activity (pictures, conve	
Places note: This question is about whether you have	a been offered anything in return for covered
<u>Please note</u> : This question is about whether you have favours – It doesn't matter whether or not you accept (Please tick ALL to	ted the offer.
Drugs, alcohol or solvents	1
Money or gifts (mobile phones, clothes, computer games etc)	$\overline{\square}_1$
Somewhere to stay/hang out	
No	1 Please go to Question 30
Something else ( <i>Please write in what this was</i> )	1
25. What age were you when someone first offered y sexual?	ou something in return for doing something
Please write in Years	
26. What age was the person who first offered you something in return for doing something sexual?  (Please tick ONE box only)	27. And was this person:  Male
A similar age to me	Female 2
(not more than two years older than me)	Don't know
3-4 years older than me	50
5-6 years older than me	
7-10 years older than me	
More than 10 years older than me	
Don't know	

28. How did you first come into contact with this person?	/
(Please tick ONE box only)	, 
Through a friend or sibling	
Through an adult relative	
At a house party	<u></u> 3 □
At a pub/club	4
Through a hobby/activity/organisation	5
On the street (hanging around in town or in your local community etc)	6
Online - through a chatroom, social networking site etc	<u></u> 7
Other (Please write in)	8
29. Did you ever tell a parent or anyone in a position of auth (Please tick ALL that apply)  Yes - I told a parent/other adult relative  Yes - I told the police	nority that this had happened?
·	
Yes - I told a teacher, youth worker or social worker	☐ ¹
Yes- I told someone else ( <i>Please write in who you told</i> )	' '
No, I did not	<u> </u>
Don't know	1
30. Have you ever taken part in any kind of sexual activity by you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No  Don't know	ecause someone threatened to harm  1 2 3 4 5
you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No	1 2 3 4 5
you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No  Don't know  Is there anything else you would like to tell us about the risk	1 2 3 4 5
you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No  Don't know  Is there anything else you would like to tell us about the risk	1 2 3 4 5
you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No  Don't know  Is there anything else you would like to tell us about the risk	1 2 3 4 5
you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No  Don't know  Is there anything else you would like to tell us about the risk	1 2 3 4 5
you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No  Don't know  Is there anything else you would like to tell us about the risk	1 2 3 4 5
you or someone else you care for, if you didn't?  (Please tick ONE box only)  Yes threatened to harm me  Yes threatened someone I care about  Yes threatened to harm me and someone I care about  No  Don't know  Is there anything else you would like to tell us about the risk	1 2 3 4 5

# Thank you very much for taking the time to complete this questionnaire

#### Concerned about sexual risks to you?

Should you be affected by any of the issues raised in the questionnaire and wish to discuss these, please make an appointment with a Brook counsellor who will see you about this.